

Anne M. Tompkins

From: 4-H Newsletter [4HNEWS@LISTSERV.UMD.EDU] on behalf of Anne Tompkins [tompkins@UMD.EDU]
Sent: Saturday, July 24, 2010 2:24 PM
To: 4hnews
Subject: [4HNEWS] Maryland -H Updates - July 23, 2010

MARYLAND 4-H UPDATES

July 23, 2010

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Upcoming Events

Jul 27, 2010

[UME 4-H Volunteer Orientation Training](#)

4-H UME Volunteer Orientation Training

Time: 6:30 pm

Time: 6:30 pm

Location: UME Frederick County Office

[2010 Maryland State Fair Updates](#)

4-H Animal Registration Forms

Most counties have already submitted copies of their members' completed 4-H Animal Registration Forms to the Maryland 4-H Center. Counties that have not yet done so are requested to send this information as soon as possible. This information is utilized by the various animal departments at the State Fair.

State Fair On-Line Entries Site Now Open – Deadline – July 31 at 11:59pm

The on-line entry site for the 2010 Maryland State Fair is open for exhibitors. Please remind exhibitors that the site for on-line entries will close on July 31 at 11:59pm. Visit the Maryland State Fair website at: <http://www.marylandstatefair.com/>, go to the "Competition" Tab on the home page and then to the "4-H" page for complete information

Educator Completed Entry Forms

State Fair Entry Forms that are to be completed by the county/city offices were sent to the 4-H Team by email on June 29. The Fair areas included are: Dogs; Promotional Booths–Banners-Posters; Foods Posters-Displays-Menu Judging; Fashion Review; Purchase Power; Horticulture Demonstrations; Engineering Contests-Bicycle-Tractor Operators; and Judging Contests in Livestock, Dairy, Dairy Goats, Poultry & Egg, Rabbit, and Horticulture. Completed Forms are requested back to the State 4-H Office by July 31st. Contact [Linda Garner](#) if you have questions.

Reminder of State Fair Overnight Policy

Contact: [Michael Kuster](#)
301-600-3583

Jul 31, 2010

**4-H Horsemanship
Standards Examiner
Training**

Location: Queen Anne's
County 4-H Park

Contact: [Queen Anne's
County Ext.](#)
410-758-0166

Jul 31, 2010

OMK Art Camp

For ages 8 thru 12; \$5
registration fee

Time: 9:30 am - 3:30 pm

Location: Columbia Art
Center, 6100 Foreland Garth,
Long Reach Villare, Columbia,
MD 21045

Contact: [Angelique Livezey](#)
410-638-3255

Aug 3, 2010

MCE Seminar

Access 4-H Training -
Washington County

Time: 8 am - 5 pm

Location: Washington County

Contact: [Ki Augusto](#)
301-596-9478

Aug 5, 2010

MCE Seminar

Access 4-H Training - Wicomico
County

Time: 8 am - 5 pm

Location: Wicomico County

Contact: [Ki Augusto](#)
410-651-8330

Aug 7, 2010

OMK Technology Camp

Do you like technology and
think you would like to learn
about robotics?

Time: 10 am - 4 pm

Location: MW & R NSA
SouthPotomac, Indian Head-
101 Strauss Ave. Bldg. 441,
Indian Head, MD

Contact: [Angelique Livezey](#)
410-638-3255

Aug 10, 2010

MCE Seminar

Access 4-H Training - Kent
County

Time: 8 am - 5 pm

Location: Kent County

Contact: [Ki Augusto](#)
301-314-7187

Aug 12, 2010

MCE Seminar

Access 4-H Training - Maryland
4-H Center

Time: 8 am - 5 pm

Location: Maryland 4-H
Center

Contact: [Ki Augusto](#)

Please share the Maryland State Fair Policy on ***Staying Overnight in the Barns*** (adopted in 2009) with your State Fair exhibitors who may have interest in staying in the Livestock Barns during the State Fair.

University of Maryland Extension/4-H and/or the Maryland State Fair are not responsible for individuals staying overnight in the barns. Individuals under the age of 18 must be accompanied by a parent/guardian to stay overnight.

Parents/Guardians are responsible for their children at all times. Exhibitors and their parents/guardians should consider the risks associated with this activity, including but not limited to: possible injury from animals since the sleeping areas are next to or inside the animal pens, possible injury from other people since the facilities are accessible to the public, including the sleeping areas, restrooms and shower facilities (please note that the sleeping areas are not segregated by gender or age); possible aggravation or onset of respiratory conditions or health problems due to the high levels of dust, dirt and bacteria from animal feces, bedding, shedding, etc. There will be State Fair Security Guards posted throughout the fairgrounds that will make every attempt to guard the safety of all fair participants and visitors; however, staying overnight is "at your own risk". The University of Maryland Extension/4-H and/or Maryland State Fair will not assume any liability for personal injury or damage to personal property of any person staying in the barns.

Exhibitors, their parents (if Exhibitor is a minor) and legal guardians hereby release, hold harmless and forever discharge the Maryland State Fair and Agricultural Society, Inc., University of Maryland Extension, 4-H, their affiliates, agents and employees, from any and all claims, demands, liabilities (including fines and civil penalties) and cause of action including, but not limited to, personal injury (including death) and loss or damage to personal property arising out of or in connection with Exhibitors' entries and presence on the fairgrounds and surrounding areas.

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[Human Sciences Update ~ "Every Day the Healthy Way"](#)

2010 4-H Fashion Revue

Many County/City Fashion Shows are still to come this summer – just a quick reminder that the 2010 4-H Fashion Revue at the Maryland State Fair will again be on Monday, Labor Day, September 6th, 2010 in the 4-H Building. EACH county/city can send **2 (two)** entries in **each class** and **two** thirteen year olds can also participate. The State Fair link is on our www.maryland4h.org website. Click on Competition in the Fairbook link, then **4-H**. Fashion Revue is in **Department X, Special 4-H Programs**.

Detailed information AND **Contest Entry Forms** are on the **Human Science** program pages of the Maryland 4-H website. If you'd like to volunteer to help with this year's event, contact Lacie Ashby lashby@umd.edu or Shante Stokes [sstokes@umd.edu](mailto:ssstokes@umd.edu), co-chairs of this event.

Health "H"

301-314-7317

Aug 14, 2010

[OMK Sports Camp Series](#)

For ages 8 to 18 \$5

registration fee

Time: 9 am - 4:30 pm

Location: TBD - Washington

County, MD

Contact: [Mike Shuman](#)

301-791-1043

Aug 25, 2010 - Sep 6, 2010

[Maryland State Fair](#)

Location: Timonium, MD

Contact: [Chris Anderson](#)

301-314-7187

Check out your local statistics below and use the data to promote movement for good health. Send Sandy (corridon@umd.edu) your ideas and we'll feature them in *Maryland 4-H Steps to Good Health* in future **UPDATES**. The Walk Across Maryland website is just a click away. <http://walkmaryland.umd.edu/>. Encourage your members and volunteers to check it out!

CDC Releases County-Level Estimates of Obesity and Diabetes among Adults

During the past 20 years there has been a dramatic increase in obesity in the United States. Similarly, diabetes rates have been on the rise. According to the Center for Disease Control and Prevention's most recent data, 26% of Marylanders are obese and 7.8% have been diagnosed with diabetes. In terms of the rate of diabetes and obesity among adults, Montgomery is the healthiest county in Maryland while Somerset has the highest prevalence. To see how your county compares, visit

http://apps.nccd.cdc.gov/DDT_STRS2/CountyPrevalenceData.aspx?stateId=24.

MDA Newsletter announces: Farm-to-School Video Contest

MDA is sponsoring a YouTube video contest for Maryland school children in order to help raise awareness about the Jane Lawton Maryland Farm-to-School Program and to actively engage students in thinking about where their food comes from. The contest asks the question, "In terms of food, what does local mean to you?"



As students are routinely connected to each other through websites like YouTube and Facebook, MDA hopes to introduce kids to a new topic via a familiar domain. The contest begins July 12, 2010 and will end September 8, 2010, just in time for the Maryland Homegrown School Lunch Week, which takes place September 13-17, 2010. The winning video will be broadcasted by the MDA, and the winning students will receive an iPod Touch, a Maryland State Park Pass, and a school lunch visit from Maryland Secretary of Agriculture, Buddy Hance. For more information about the contest visit the [MDA Farm-to-School website](#).

Grant to Fund a Healthy Lifestyle Program

How about a grant to fund a Healthy Lifestyle program in your local community? Check out the program below. In August, RFP's will open.

UnitedHealth Group and Youth Service America launched the UnitedHealth HEROES campaign in 2008. The UnitedHealth HEROES program is a service-learning, health literacy initiative developed by UnitedHealth Group and Youth Service America. The program awards **grants of up to \$1,000 to help young people create and implement local, hands-on programs to fight childhood obesity**. Each grant also engages participating youth in service-learning.

To date, UnitedHealth Group has awarded **361 grants** to schools and youth-focused, community-based organizations in 35 states and the District of Columbia. A list of grant winners is available online at www.YSA.org.

UnitedHealth Group and Youth Service America gauge the success of UnitedHealth HEROES programs via post-project reports submitted by grant

winners. Among the findings, more than **99 percent of respondents agreed** that UnitedHealth HEROES projects improved students' knowledge and awareness of childhood obesity; helped students adopt healthier behaviors to reduce the risk of childhood obesity; and increased students' interest in learning.

In addition, **nearly 98 percent of respondents agreed** that their UnitedHealth HEROES projects helped improve overall health and well-being and reduce the risk of childhood obesity in their communities, and enhanced student participants' work force, civic engagement and citizenship skills.

UnitedHealth Group and Youth Service America are excited to announce that **the next round of the UnitedHealth HEROES grant program will be open to applicants from all 50 states**. The application will be available the first week in August at www.YSA.org/grants .

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Operation: Military Kids Summer Camp Programs Still Accepting Registration

We are still accepting registrations for the following Operation: Military Kids Summer Camps: OMK Art Camp; OMK Technology Camp; OMK Sports Camp; 4-H Military/OMK Overnight Camp; OMK Yellow Ribbon Overnight Camp; Military Family Retreat.

Operation: Military Kids supports children and youth of Maryland's service members before, during, and after deployment. For more information and camp applications visit: <http://www.maryland4h.org/4-H%20Military/index.cfm> or contact Angelique Livezey at alivezey@umd.edu or 410-638-3255.

For more information about Operation: Military Kids visit our website: <http://www.operationmilitarykids.org/public/statePOCHome.aspx?state=Maryland>

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Maryland 4-H Military/OMK American Adventure Camp

We are looking for a few good Men and Women to serve as teen leaders (adult volunteers would be welcome as well) for this year's camp.

We have 60+ youth from military families across Maryland joining us from August 17 – 20 (teens and adults report on the 16th) for a fun-filled week of camp.

We just have one problem, we still need you! So if you already have camp training and would like to join us in Harford County at the Rocks 4-H Camp, please send me an email or call ASAP. Matthew Mundy - 301-314-7319 – mmundy@umd.edu

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[Maryland Horsemen's Party – We Need Your Help!](#)

The Maryland Horsemen's Party is scheduled for Sunday, September 26, 2010 at Ten Oaks Ballroom in Clarksville, MD. Proceeds from this event will benefit the Sallie Robertson Memorial 4-H Horse Endowment Fund. A silent auction, live auction, and raffle will be held at the event, as well as recipients of the Maryland 4-H Horse Program Youth Development Award (Karol Dyson, Charles County), Maryland 4-H Horse Program Volunteer of the Year Award (Sabrina Ginn, Cecil County), and 4-H members who have completed Level 3 and higher of the Horsemanship Standards Program will be recognized.

We need YOUR help spreading the word about how 4-H members and clubs can help us make this event successful. Please consider one or more of the following:

1. We are asking each 4-H Horse Club in the state to donate one filled and decorated basket for the silent auction. Please see the [flyer](#) for more details. Baskets are due to your county office and/or Kristen Wilson by September 10th. If you are attending the State Fair 4-H Horse Show, baskets may be dropped off there as well.
2. If you know of a local business that would be willing to donate an item for the silent and/or live auction please ask them. Items don't have to be horse related. Please utilize the [donation receipt form](#) which includes the Maryland 4-H Foundation's tax id number as all donations are tax deductible.
3. Ask a local company to consider sponsoring this event. Business card ads in our event program are only \$35. See the [sponsor form](#) for more details about other sponsorship opportunities. Sponsorship forms are due by August 25, 2010.

Should you have any questions, please contact Kristen Wilson at kswilson@umd.edu or 301-596-9478.

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[Maryland Horsemen's Party - Purchase Tickets Today!](#)

The Maryland Horsemen's Party is scheduled for Sunday, September 26, 2010 at Ten Oaks Ballroom in Clarksville, MD. Proceeds from this event will benefit the Sallie Robertson Memorial 4-H Horse Endowment Fund. The goal of this endowment is to support 4-H horse educational programs and the annual trip for 4-Hers representing Maryland at the Eastern National 4-H Horse Round Up and Quarter Horse Congress in the areas of horse judging, hippology, horse bowl, demonstrations and public speaking. This endowment also provides scholarships for 4-H volunteers and members to attend leadership conferences and equine-related workshops.

A silent auction, live auction, and raffle will be held at the event, as well as recipients of the Maryland 4-H Horse Program Youth Development Award (Karol Dyson, Charles County), Maryland 4-H Horse Program Volunteer of the Year Award (Sabrina Ginn, Cecil County), and 4-H members who have completed

Level 3 and higher of the Horsemanship Standards Program will be recognized.

The flyer to purchase tickets can be found at <http://www.4horse.umd.edu/activities/HorsemensParty.html> Tickets are \$30 for adults and \$20 for children (13 and under) if purchased before September 11, 2010. A \$10 late fee will be added to tickets purchased after the deadline. Check or credit card can be used to purchase tickets. Please contact Debbie Frey at dfrey@umd.edu should you have questions in regards to registration for this event.

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YSA Grant Program

Youth Service America supports and motivates youth, educators, and service-learning coordinators by distributing over 400 micro grants each year for service and service-learning initiatives. While most of the grants support projects that culminate on Global Youth Service Day in April, funding is also available for projects in the fall. *Youth Service America* thanks our sponsors who support and underwrite the following grants to increase the quality and quantity of service and service-learning.

Sign up to receive [grant and awards announcements](#), or follow updates via the web or SMS at: twitter.com/ysagrants.

Source: Youth Service America, YSA Grant Program website - <http://www.ysa.org/grants>

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SPARK Grant-Finder Tool

The SPARK Grant-Finder Tool is a good resource for locating national and state-specific grants for programs that focus on physical activity. Grants can be used for curriculum, training, or equipment. Here's a link to current grant opportunities available at the state and national level:

<http://www.sparkpe.org/grants/grantfunding-resources/>

Note that some deadlines have passed for this year but it's worth it to keep these potential funders on your grant radar screen!

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Compiled and published by [Anne Tompkins](#)

For the latest news & events, please visit <http://www.agnr.umd.edu/news>

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