

Maryland 4-H Youth Development Camping Program Training Topics and Hours (HR-11)

Section	LIT's Age 13-15	CIT's Age 16-17	Adults & Counselors 18+	Any Staff: spending 3 or more weeks at camp
Section I: This is 4-H Camping <ul style="list-style-type: none"> • Introduction to 4-H • Camp: who, when, what, how • Purpose and goals of camping • ACA and 4-H • Mission • Intended outcomes 	1	2	2	2
Section II: Youth Development <ul style="list-style-type: none"> • Ages and Stages • Special Populations (inclusion) • Behavioral Management (ages specific) 	3	5	5	6
Section III: Program Planning (Age Specific) <ul style="list-style-type: none"> • Teaching Methods • Creative thinking • Experiential Model • Planning: Why, Who, How, When 	8 3 5	8 3 5	8 3 5	12 6 10
Section IV: Leadership <ul style="list-style-type: none"> • Understanding Self • Types/style of leadership • Communication skills • Behavior Management/camper supervision techniques 	3	3	3	5
Section V: Group Dynamics <ul style="list-style-type: none"> • Cooperation • Teambuilding • Processing 	2	2	2	4

*Numbers in boxes represent the number of hours that need to be covered in that topic area

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Section VI: Risk Management	8	10	10	16
<ul style="list-style-type: none"> • Staff performance/conduct • Youth protection • Child abuse/reporting (child-to-child and adult-to-child) • Safety and emergencies • Health care • Site information (must have 6 hours on-site) 	6	6	6	6
Total Hours:	25	30	30	45

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