

MARYLAND 4-H MARYLAND COOPERATIVE EXTENSION UNIVERSITY OF MARYLAND COLLEGE PARK-CENTERS STATE

UPDATES

January 25, 2008

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Upcoming Events

Jan 29, 2008 - Jan 29, 2008
4-H Human Science In-Service Training
 This training will highlight the 2008 4-H Human Sciences Programs for the upcoming year. Important for calendar and program planning!
 Time: 9:30 a.m. until 3:30 p.m.
 Location: Maryland 4-H Center
 Contact: Cassandra Corridon 301-432-2767 ext.324

Jan 30, 2008
NEAFCS - MD Affiliate Prof, Dev. Sharing
 Sharing of program ideas and critical matters based on

Human Science Updates - "Every Day, the Healthy Way"

Upcoming Events:

- **January 29th - 4-H Human Science In-Service - 4-H Center** - look on the website to register for the day - and get a year full of program highlights!
- **February 2nd - Portfolio Judging/Interviews - Carroll Co. Office**
- **February 9th - Portfolio Judging/Interviews - WREC**
- **February 12th - Portfolio Judging/Interviews - MD 4-H Center**

Thank you to all the counties who have encouraged and submitted names for this recognition of an outstanding 4-H career! We will again be selecting the Maryland 4-Hers who will represent us on Out-of-State Trips for 2008.

Need HELP encouraging youth to participate - contact a member of the Maryland Design Team - this is a group of 4-H Congress Delegates who are willing to come to your 4-H events and let your older youth just imagine the possibilities!!!! Let me know if you need some inspiration and I'll contact one of the outstanding 4-Hers who attended the 2007 4-H Congress. corridon@umd.edu

- **February 12th - deadline to register teams and participate in On-line Competition for LifeSmarts** - have interested youth check out their website, logon and participate! <http://www.lifesmarts.org>
- **April 1st** - due date for your 4-H Communication Forms - we need to have the list of Champions and Reserve Champions in each age group in each speaking category. All county champions in each age group will be invited to participate in the State 4-H Communications Contest held during the University of Maryland Day Festivities - **April 26th!!!** It's a family fun day on campus - Now it's also a special 4-H Event, too!
- **Put some emphasis on the Health "H" in 2008** - Here are some monthly Health and Fitness Themes. If you need ideas on how to incorporate them into club activities or other Health ideas contact corridon@umd.edu
- January - National Oatmeal Month - start the day with a healthy breakfast or multi-grain oatmeal cookies for snacking! It's also Family Fit Lifestyles Month. Check this out for ideas! Click **HERE**
- February - It's American Heart Month. You can put *Heart* in your meetings - especially February 11th - 17th - Random Acts of Kindness Week! (Garrett County's 4-H Ski Day is a perfect way to promote Heart Health!)
- March - National Nutrition Month. Why not encourage clubs to share Healthy Club Refreshment ideas.
- April - Youth Sports Safety Month - might be a good time to focus on Bicycle Safety - State Fair is coming!
- May - Physical Fitness and Sports Month. The President's Council for Physical Fitness and Sports website offers a toolkit! <http://www.fitness.gov>
- June - we're a Dairy State - encourage some dairy foods demonstrations at club meetings and have them sign up for a timeslot on the new Stage at the Maryland State Fair!
- July - it's National Picnic Month & National Ice Cream Month

subject matter based on Professional Development opportunities.

Time: 1:00 pm - 3:00 pm

Location: Centra

Contact: Lynn Little
301.791.1504

Jan 30, 2008

4-H Afterschool Inservice

Location: Maryland 4-H Center

Contact: Anne Tompkins
301-314-7919

Jan 31, 2008

Maryland 4-H New Workers Meet Up

Centra

Time: 11:00 a.m. - 12:30 Noon

Location: Centra

Contact: Kendra Wells

301-314-7317

Feb 1, 2008

Public Speaking Contest Entries Due

Public Speaking Contest Entries Due

Time: 1600

Location: Frederick County Cooperative Extension Office - 4-H Office

Contact: Michael Kuster

301-600-3583

Feb 1, 2008 - Feb 3, 2008

MD Assoc of Environmental and Outdoor Education

Location: Rocky Gap

Contact: Denise Frebertshauser

301-314-7819

Feb 2, 2008

Out of State 4-H Trip Interviews for 4 trips

Interviews and judging of resumes and essays for 4 trips will be held in 3 program regions in Feb. Rain date 2/16

Location: Carroll County Extension Office, Westminster

Contact: Cassandra Corridon

301-432-2767 X-324

Feb 8, 2008

Horse Bowl Registration

Contact: Mary Ann Kivett

301-314-7824

Feb 9, 2008

4-H Out of State Trip Interviews

Snow Date, Feb. 24

Location: Wye Research and Education Center

Contact: Cassandra Corridon

301-432-2767 X-324

Feb 12, 2008

Out of State 4-H Trip Interviews for 4 trips

Interviews and judging of resumes and essays will be held in 3 program regions in Feb. rain date, 2/26

Location: Maryland 4-H Center

Contact: Cassandra Corridon

301-432-2767 X-324

Feb 12, 2008

MCE Seminar

MCE Equine In-Service

Time: 9:00am-3:30pm

Location: Maryland Dept. of Ag in Annapolis MD

Contact: Kelly Brannan

301-405-8746

Feb 12, 2008 - Feb 15, 2008

American Camp Association National Meeting

Location: Nashville, TN

Contact: Denise Frebertshauser

301-314-7831

Feb 18, 2008

4-H Legislative Day in Annapolis

Contact: Cynthia Warner

410-638-3255

Feb 23, 2008

4-H Environmental Science InService/Adventure Day

Location: Carroll County

Contact: Denise Frebertshauser

301-314-7819

Feb 29, 2008 - Mar 2, 2008

- many Health and safety themes. **And** Ice Cream in a Bag is a fun way to prepare a lower fat version of an American favorite!!!

- August - Family Fun Month, of course, it's State Fair! Encourage some Egg Preparation Demonstrations. They focus on the nutrition and health benefits of EGGS.
- September - Fruits & Veggies More Matters Month. Have members click **HERE** for the CDC website for lots of ideas!
- October - UNICEF Month - maybe some clubs can Trick or Treat for UNICEF! <http://www.unicef.org/>
- November - American Diabetes Month - **Diabetes Website** Dr. Virginie Zoumenou is offering a Diabetes In-Service Training on February 21st. Contact her to register. vmzoumenou@umd.edu
- December - National Stress-Free Holiday's Month (I didn't make that up! It's in the California Adolescent Nutrition and Fitness (CANFit Connection) Certainly a great way to put Head, Heart, Hands and Health to work together!!!

Workshop Proposals now being accepted for the 2008 National 4-H Conference!!!

Call for Workshop Proposals

Proposals must be received at the National 4-H Headquarters office ON or BEFORE Friday, February 8, 2008.

National 4-H Headquarters/ USDA is now accepting Workshop Proposals for youth workshops at the 2008 National 4-H Conference. The theme for the 2008 National 4-H Conference - Green A.I.D., reflects the question, "As society becomes more environmentally conscious, how can the 4-H Youth Development Program "aid" in enhancing socially significant and relevant programming to increase the environmental awareness of our clubs, our communities, our country, and our world."

About the National 4-H Conference Workshops

4-H programs excel in providing opportunities for youth to experience all four Essential Elements of the 4-H Youth Development Program - independence, belonging, mastery and generosity. When there are sustained opportunities for young people to gain a sense of independence, belonging, mastery and generosity, youth can master skills to make positive life choices; participate in decision-making processes; act responsibly; positively influence their communities; and develop into informed, active, engaged citizens.

A major goal of the National 4-H Conference is to offer participants a meaningful personal and professional development experience. Each year, the Conference Planning Committee - comprised of youth and adult members - establishes a conference theme which serves as the basis for the call for workshop proposals. Given this year's theme, a wide variety of topics is expected to expose delegates to existing 4-H environmental programming and other innovative approaches to eco-awareness in which 4-H programs can play a significant role.

With program delivery grounded in three foundational content areas, workshops must highlight a) one specified or b) integrated aspects of the Mission Mandates: Science, Engineering & Technology, Healthy Living and Citizenship.

Mission Mandates as they relate to the 2008 conference theme examples include:

- Science, Engineering & Technology - Basic environmental science, ecology, use of technology, etc.
- Healthy Living - Environmental health, personal wellness, positive outdoor experiences, etc.
- Citizenship - Civic awareness, community service, sense of responsibility that leads to action on behalf of the environment, etc.

Workshop Criteria:

- Youth and adult co-facilitated.
- Apply the experiential learning model. (Provide opportunities for delegates to experience the activity; share results,

reaction and observations; process through discussion, analysis and reflection on the experience; generalize by connecting the experience to the real world; and apply what they learned to similar or different situations.)

- Must be interactive, meaningful, fun and of the genre that "gets folks out of their seats" and ready for action.
- Must provide take-home resources – "toolkit" as a means to engage delegates and to encourage them to apply what they learned back home. Resources should include CDs, DVDs, PowerPoint, handouts, and/or other relevant materials.

Who May Apply?

- State Delegations: Youth and adult conference delegates are strongly encouraged to submit workshop proposals. As with most professional conferences, workshop presenters are responsible for their own expenses. (Registration fees and travel expenses are not waived.)
- Visiting Presenters: Proposals from local/state 4-H programs (those not full conference delegates), programs within the Cooperative Extension System, or other groups/organizations/agencies – public or private. As with most professional conferences, workshop presenters are responsible for their own expenses. Visiting presenters attend the conference on the day(s) of their workshop only.

Submission Deadline: Proposals must be received at the National 4-H Headquarters office ON or BEFORE Friday, February 8, 2008.

Instructions and Forms:

- Instructions for Workshop Proposals
- Workshop Proposal Form

Click [HERE](#) for more information, instructions and a workshop proposal form. If you have any questions, please contact Lisa Hampton, National 4-H Conference Coordinator: [WEBSITE](#) or 202-401-5165.

MD 4-H State Horse Bowl Contest

The MD 4-H State Horse Bowl Contest has been scheduled for Saturday, March 8, 2008 at the Plant Science Building at the UMCP campus in College Park, MD. Registrations are due to Mary Ann Kivett by February 8, 2008. The registration form can be downloaded [HERE](#) and there will be a \$3 fee per participant and/or coach. Checks can be made out to "Maryland 4-H Foundation".

Each team is required to submit 40 questions by February 15, 2008 to Kristen Wilson at kswilson@umd.edu. Directions on the format of the questions can be found within the rules and regulations.

The 2008 Horse Bowl Rules and Regulations can be downloaded [HERE](#). There has been one revision to the rules since last year. The rule that was revised is under "general" on the first page. Please see the revision below.

OLD RULE

4) "A team is composed of four (4) members. A 5th member may be designated as an alternate. Team members selected for statewide competition must be certified by their 4-H Extension Educator and pre-registered for the state contest by Friday, February 8, 2008."

NEW RULE

4) "Each county may enter one senior, one intermediate and one junior division team of up to four or five contestants. One team member will be designated as the alternate for each match if five contestants are entered. Counties with small enrollments may wish to combine members to form a team. Two or more counties may work together to form a team as long as none of the individual counties has a team entered in that age division. Combined teams will not be eligible for team awards. Team members selected for statewide competition must be certified by their 4-H Extension Educator and pre-registered for the state contest by Friday, February 8, 2008."

We are strongly encouraging counties with small enrollments that

do not have teams to combine members from their counties to form a team.

If you have any questions please feel free to contact me. Thanks!

MD 4-H Horse Judging Clinic

We currently have scheduled the MD 4-H Horse Judging Clinic for Saturday, April 19, 2008 at Carroll County Ag Center in Westminster, MD. After receiving several requests from volunteers and educators, we have made the decision to cancel the 4-H Horse Judging Clinic.

Instead, we are excited to announce that we will be offering a 4-H Hippology Clinic the same day and location. This clinic will have educational workshops and demonstrations for both 4-Hers and MCE volunteers and educators. Please look for more details in the coming weeks.

CYFAR Online Registration for CYFAR 2008

I urge you to take advantage of this advance notice and register for the annual CSREES/USDA CYFAR 2008 Conference, May 7-9. Pre-register for the Pre-conference, May 6 and/or the 4-H Military Partnerships Post-conference, May 9.

On January 28, registration will open to the general public. There is no on-site registration for this conference.

CYFAR 2008 will offer a wide range of high quality workshops, computer labs, program showcases, keynote addresses, research presentations, poster sessions and interacts. Gather your CYFAR colleagues and collaborators, and plan to experience this professional development opportunity in San Antonio, Texas!

CYFAR 2008 will be held at the Hyatt Regency On the Riverwalk, San Antonio. The room rates are single \$169; double \$179; triple \$189; and quad \$199 + applicable tax. Information on making hotel reservations at the Hyatt Regency will soon be available on the conference website: <http://cyfernet.org/cyfar08/>

TO REGISTER: go to this Website

Request Process for IRS Certification Letter

Do you have a 4-H club that needs a certification letter to document their federal tax income exemption status for a donor? If so, send an email request to dfrebert@umd.edu with "IRS Certification Letter Request" in the Subject Field. Within the body of the email include the following:

- Confirmation that the group is formally authorized to use the 4-H Name & Emblem and is qualified to be under the National 4-H GEN (i.e. chartered 4-H club);
- Name of the 4-H Club or Affiliated 4-H Organization applying for subsidiary status;
- Name and contact information (address, phone, email) of the club or group leader; and
- EIN

Your request will be submitted to National 4-H Headquarters, who will then generate a letter for the group stating their inclusion under GEN 2704.

Please note: If a request to National 4-H Headquarters comes from a club/group leader or county extension educator, National 4-H Headquarters will forward the request to the state leader prior to sending the certification letter; thus, prolonging the process.

New ATV Safety Leader's Guide Available

The revised ATV Safety Leader's Guide has received the "Reviewed and Recommended Seal" and is now available for sale! Revisions include the addition of the following: Optional pre and post evaluation; "Preparing Parents and Other Caregivers" handout; "Tips on Talking with Parents and other Adults" lesson; information on new categories of ATVs intended for operators under 16 years approved by The American National Standards Institute in July 2007; updated CPSC statistics (2005); "Parent Packet" (including tips, sample waivers, etc.); and new graphics.

The revised guide is available for \$10.00 and can be purchased at the 4-H Mall - click [HERE](#):

Congratulations, 2008 MetLife Foundation Afterschool Training Grant Award Winners!

On behalf of National 4-H Council and Metlife Foundation, I am pleased to announce that the applications submitted by the following 4-H Programs have been selected to receive a 4-H Afterschool Training grant. Congratulations are extended to:

- Colorado
- Delaware/Maryland
- Louisiana
- Michigan
- Missouri
- North Dakota/South Dakota
- Oregon
- Washington
- West Virginia
- Wisconsin

There were ten applications submitted for this program with many excellent ideas and favorable reviews. We look forward to the impact these winning programs will have upon the 4-H system!

Further information will be sent to you by Cecily "CC" Morgan, Account Manager for the 2008 MetLife Afterschool Training Grant program. Please direct all inquiries to CC at ML08@fourhcouncil.edu or 301.961.2819.

Congratulations again and best wishes for success!!

Donald T Floyd Jr.
President and CEO
National 4-H Council

The 2008 ESRI GIS Grants for U.S. 4-H are now available.

The 2008 ESRI GIS Grants for U.S. 4-H are now available, click [HERE](#).

ESRI is pleased to offer a 2008 GIS Grant for U.S. 4-H programs, the grant guidelines and application for the Introductory and Intermediate grants are found at the links below. The 4-H grant application period will be from January 1, 2008 through February 28, 2008.

2008 4-H Grant Information:

Application deadline: February 28, 2008

Please send your completed application and letter of support to 4-HGIS_external@esri.com no later than Feb. 28, 2008. You will receive an email acknowledgement that your application has been received. Please download and save both the Grant Application and the Grant Guidelines to your computer.

2008 4-H Introductory Grant Application Details:

- 2008 Introductory Grant Application
- 2008 Introductory Grant Guidelines

2008 4-H Intermediate Grant Application Details:

- 2008 Intermediate Grant Application
- 2008 Intermediate Grant Guidelines

Under the 2004-2007 GIS Grant for U.S. 4-H program, ESRI has awarded 4-H Clubs in over 500 U.S. counties with ArcView and ArcPad software and Virtual Campus training. GIS technology was used by youth to help make a difference in their community service projects.

Please let me know if you have any questions or need additional information.

Esther Worker
 mailto:eworker@esri.com
 4-H Program Manager
 1 International Ct
 Broomfield CO 80021
 303.449.7779 ext 8216
 1-800-447-9778 ext 18216

Southern State Promotional Paper Clover Program

The Maryland 4-H Foundation is pleased to announce that \$757 was raised during the Southern States promotional program. This represents 50% of the money raised in Maryland Southern States Stores. The remaining half will be used to support national 4-H programs. Listed below are the counties in which Southern States Stores participated and how much each county will be receiving. This was a very successful program and is being planned to continue again next year.

If you have any questions regarding this program please contact Amanda Brown, akbrown@umd.edu

Allegany \$82, Carroll \$119, Charles \$52, Frederick \$275, Garrett \$25, Kent \$130, and Queen Anne \$74

National Ag Day Essay Contest

The deadline for National Ag Day Essay Contest Is Feb. 15. The theme for 2008 Is "Agriculture - Bigger Than You Think".

Kansas City, Mo., Jan 16, 2008 - The Agriculture Council of America (ACA) is calling on seventh- to 12th-grade students to submit an original essay of 450 words about the importance of agriculture. This year's theme is "Agriculture - Bigger Than You Think," and the deadline is Feb. 15. Teachers are asked to encourage their students to participate.

This year's topic highlights a broader focus of agriculture, showcasing the diversity of today's American farms. Though row crops and livestock are still very much a part of the foundation of the industry, agriculture today has multiple touch points in our daily lives and many career opportunities.

"This year's essay contest provides a great opportunity for all of us to learn more about the vision our young people have for the role of agriculture in their lives and in our country's future," says Linda Tank, Vice President of Communications for CHS Inc. "Their understanding of the tremendous impact agriculture has on our daily lives is key to the future of this vital industry."

This year's national winner will receive a \$1,000 prize and round-trip ticket to Washington, D.C., to be recognized during the March 11 Celebration of Ag Dinner held at the Whitten Patio. At the dinner, the winner will have the opportunity to join with industry representatives, members of Congress, federal agency representatives, media and other friends in a celebration of agriculture. Statewide winners of the contest also will be selected. Each will receive a \$100 prize.

This is the 35th anniversary of National Ag Day. The goal of the ACA is to provide a spotlight on agriculture and the food and fiber industry the first of each spring (National Ag Day), to help consumers understand not only how food and fiber products are produced, but to celebrate accomplishments in providing safe,

abundant and affordable products.

The Ag Day Essay Contest is sponsored by CHS Inc., The Council for Agricultural Science and Technology, High Plains Journal, National Association of Farm Broadcasting, National Agri-Marketing Association, Country Living Association and McCormick Company.

All entries should be sent to: Ag Day Contest, Agriculture Council of America, 11020 King Street, Suite 205, Overland Park, KS 66210, or submitted by e-mail to essay@agday.org. Entry applications and official rules for the contest can be found at www.hpj.com/agdayessay

Erika Poppelreiter
785-437-2685
816-584-8444
epoppelreiter@mccormickcompany.com

Drug Free Communities Request for Applications Now Available

The White House Office of National Drug Control Policy (ONDCP) along with its Federal partner, the Substance Abuse and Mental Health Services Administration (SAMHSA) today released the Fiscal Year 2008 Request for Applications (RFA) for the Drug Free Communities (DFC) support program. This year's RFA will allow applicants to apply for up to \$125,000 in Federal matching funds to strengthen communities and reduce youth drug use through coalition-driven environmental strategies.

For FY08, DFC expects to award approximately 150 new competitive grants totaling nearly \$19 million dollars. Interested communities can find the application online at **WEBSITE**. Additional resources including eligibility criteria are located on the DFC website at www.ondcp.gov/dfc. While not a requirement for application, communities are encouraged to attend one of the regional application workshops hosted by ONDCP, SAMHSA and the National Coalition Institute (details and registration are on the DFC website).

Due date for the FY08 cycle is Friday, March 21, 2008.

Thanks,

Ken Shapiro
Deputy Administrator, Drug Free Communities
Executive Office of the President
Office of National Drug Control Policy
202-395-4681

Compiled and published by Anne Tompkins
For the latest news & events, please visit <http://www.agnr.umd.edu/news>

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The College of Agriculture and Natural Resources' three units—Academic Programs, the Agricultural Experiment Station, and Maryland Cooperative Extension—work in concert to educate students and citizens about critical issues and to solve problems in agriculture, food systems, and the environment. The college is an equal opportunity employer and provides equal access programs.

