

# 4-H MILITARY PROGRAMS

Special Date of interest!

8-22-08

Military Day at the Maryland State Fair in Timonium 8-22-08

From 10:00 - 2:00 at the

4-H Home/Arts Building.

For more information about the State Fair go to [marylandstatefair.com](http://marylandstatefair.com)

## INSIDE THIS ISSUE:

My first garden...	1
A touch of 4-H history ...	1
4-H is across the nation...	2
Teens show off art skills...	3
Future cartoonists...	3
Do you want more...	4
Teen Focus review...	4

# Maryland 4-H

## 4-H Military Clubs

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### My first vegetable garden at WRAMC

The children of current civilian and military personal assigned to Walter Reed Army Medical are participating in creating their first vegetable garden. Our garden is located directly at the front of our building in an area that gets almost 8 hours of sun a day. The project is currently going to run from late April until there are no more veggies to be picked (through November). If this venture goes well we are looking to do some



beginning stages to the time they reached the dinner plates. This inspired us to get a garden going. Because of our location and time constraints we

winter gardening. This project was chosen after learning that many of the children had never participated in a gardening project, nor had they seen vegetables growing from their

went with container gardening. Our first step to make this happen required us to purchase six gardening kits

Continued on page 2

### A touch of 4-H history and tradition

#### The 4-H Emblem, and the four H's

The original symbol of the 4-H Boys and Girls Clubs was a three leaf clover with the words Head, Heart, and Hands. On September 16, 1909, the first order on record was placed with the Union Emblem Company



for the pins. Early in 1911, a meeting of club leaders in Washington adopted a committee recommendation approving the present 4-H emblem design. O.B. Martin, who was directing club work in the South, is credited with suggesting that the 4-H's stand for

Head, Heart, Hands and Health. (Benson originally referred to a fourth H as Hustle.) The 4-H emblem is federally protected under Section 18 US Code 707 and belongs to the Congress of the United States.



Taken from [www.4hmilitarypartnerships.org](http://www.4hmilitarypartnerships.org)

# My first vegetable garden at WRAMC



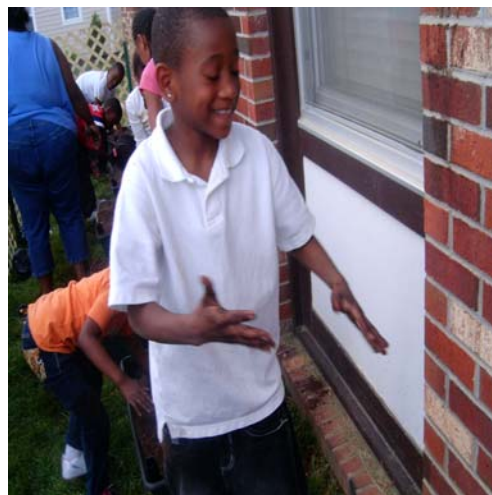
A youth is getting his hands dirty at the WRAMC vegetable garden.

From Page 1

called “earth boxes” so that we could plant the vegetables kids were most interested in planting. Enough “earth boxes” were used so that any child who wanted to participate, could at any given time. The children were polled and chose to plant cucumbers (after we get a good batch we

will make our own pickles with a pickling recipe), tomatoes, cantaloupe, dill, and broccoli.

By Ruth Mills  
WRAMC SAS  
Garden Leader



## Is 4-H across the nation?

4-H provides predictable programming and a safe and nurturing environment for military kids.

The National 4-H Headquarters, at USDA, has established formal partnerships with Air Force Services Family Member Programs, Army Child and Youth Services and Navy Child and Youth Programs to support positive youth development education for youth whose parents are serving in the military. These 4-H Military Partnerships bring the resources of the Land Grant University - youth development professionals, research based curricula, and high quality training and technical assistance - to the youth programs of the military. University and county 4-H staff serve as

project directors, 4-H Military Liaisons and as specialists on assignment to the Army, Air Force and Navy.

National 4-H Headquarters relies upon the Land Grant University Extension System across the country to build strong partnerships with the Army, Air Force, Navy, National Guard and Reserve to provide technical assistance and training for military staff and establish 4-H Clubs for Military youth living on and off post as well as those whose parents

are serving in the National Guard and Reserve. As military families move frequently and experience the difficulties surrounding lengthy and frequent deployments, 4-H provides predictable programming and a safe and nurturing environment for military kids.

Taken from  
[www.4hmilitarypartnerships.org](http://www.4hmilitarypartnerships.org)



# Teens show off their art skills.

Among its various activities and daily programs the Fort Meade Teen Center has a dedicated group of teens who love to showcase their fine art talents using a wide array of art media. The teen art projects will be forwarded to regional exhibits, external civilian competitions, and 4-H festivals. The Fort Meade teen center staff is attempting to assist teens with their development of art abilities through



art projects and art focused activities. One hopeful consequence of peaked art interest is that teens shall be inspired to display their works in their respective homes. An impressive range of home displays would be reminders of their art pursuits as a vital means of self expression and character development. Six teens from the Fort Meade 4-H program will provide their art work to be

displayed at the Maryland State Fair and the Anne Arundel County Fair near Annapolis. This shall mark the Teen Center's third year of consecutive representation in the 4-H County and State fairs. Whether teen participants receive checks or ribbons is moot. The greatest reward is the sense of accomplishment teens receive by participating in the 4-H program.

By Lida Payne,  
CYS—Fort Meade



Their  
cartoons  
received  
rave  
reviews!

## Future cartoonists at Fort Detrick!!

Fort Detrick's Child and Youth Services in Frederick, Maryland have been stirring up a lot of things in the community recently. One of these things was the creation of an informative animation for the Child and Youth Services Summer Camp program. The youth used the Animate Your World computer software to create it. The cartoon featured safety rules of the program in a cool way.

A recognition ceremony was held on June 5th.

Youth honored:  
Shamara D.,  
Ian M.,  
Chason H.,  
Isaiah R.,  
Maya S.,  
William K.,  
Jacob H.,  
Heiker M.,  
Ben D., and  
William L.

By Taurean Washington  
CYS—Fort Detrick





## 4-H Youth Development

### 4-H Military Programs

Contact Matthew Mundy for more information at:

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**4-H Is A Community Of Young People Across America Who Are Learning Leadership, Citizenship And Life Skills.**

### Maryland 4-H Teen Focus review

By Julio Arango—APG

It was my first year attending the Teen Focus conference. It was amazing and I had lots of fun when I stayed at UMCP. I Met lots of new people and made friend Programs At UMCP College of Agriculture And Natural Resources". I learned a lot and gained many valuable resources. In our small groups I learned that with teamwork you can accomplish anything if you try hard and put your mind to it. While staying at UMCP I enjoyed the experience of college life. I would recommend to any teen to come to Maryland 4-H Teen Focus, you can have fun and get a education at the same time.



## Do you want more?

## 4-H Youth Development

### JOIN 4-H

4-H is the largest out of school youth organization in the United States with over 7 million youth members. There is Cooperative Extension staff responsible for 4-H programs in every county and city - so there's probably a 4-H program near you. Whether you live in a city, suburb or rural area, there's something for you in

4-H. In most states, you can join 4-H if you are between the ages of 8-18. Some areas have special age-

appropriate programs designed especially for younger kids. Check with your Cooperative Extension office to find out what projects and activities are available for youth your age.



Your Cooperative Extension office can help you to find a local club or program that's right for you. Or, it's easy to start a new club with some of your friends or other interested young people and a few adults willing to help.

Find your local Maryland Extension office online at: [www.extension.umd.edu/local/](http://www.extension.umd.edu/local/)

“It is the policy of the University of Maryland, Agricultural Experiment Station and Maryland Cooperative Extension, that no person shall be subjected to discrimination on the grounds of race, color, gender, religion, national origin, sexual orientation, age, marital or parental status, or disability.”