



- **National 4-H Congress:** Senior 4-H members are selected by a resume, essay and interview process to participate in 4-H Congress. Application and information are available from your local 4-H Office. Congress is the flagship event of the 4-H program. For eighty years, youth have participated in this youth leadership development event. Youth get a quality, educational, and cross-cultural experience and meet other youth from the United States and its territories. Congress is designed to address the needs and issues of youth while helping to develop capable, competent, and caring citizens. The trip takes place in late November, normally beginning the Friday after Thanksgiving in Atlanta, Georgia.
- **Camp Miniwanca:** Senior 4-H members are selected by a resume, essay and interview process to participate in Camp Miniwanca. Application and information are available from your local 4-H Office. Camp Miniwanca is a leadership development camp that offers a week-long program aimed at developing character, leadership skills, personal and group effectiveness, and nurturing balance within your life. The trip takes place in August in Shelby, Michigan.
- **National 4-H Conference:** Senior 4-H members are selected by a resume, essay and interview to participate in National 4-H Conference. Application and information are available from your local 4-H Office. At National 4-H Conference, teen delegates take the lead by serving on consulting groups to make recommendations for future directions for 4-H and by accepting responsibility on one of the operations committees to help conduct the events and functions of the Conference. Activities include a visit to Capitol Hill and a meeting with your senator or representative. The trip takes place in late March or early April at the National 4-H Center in Chevy Chase.
- **Virginia 4-H Congress:** Senior 4-H members are selected by a resume, essay and interview process to participate in an exchange with Virginia 4-H Congress. Application and information are available from your local 4-H Office. The Virginia 4-H Congress mission is to provide competitive and non-competitive educational experiences to Virginia teens and the adults who work with them, helping them to develop life skills and leadership abilities to become contributing citizens in their communities. The trip requires an encouraged commitment to serve as an at-large delegate to Maryland 4-H Teen Council for a year following the trip. The trip takes place in June on the campus of Virginia Tech.
- **West Virginia Older 4-H Members Conference:** Senior 4-H members are selected by a resume, essay and interview process to participate in an exchange with West Virginia. Application and information are available from your local 4-H Office. West Virginia Older Members Conference's mission is to develop leadership among older 4-H members by giving them an opportunity to participate in discussions of timely issues and problems and teach new skills which can be used in their local clubs and communities. The trip requires an encouraged commitment to serve as an at-large delegate to Maryland 4-H Teen Council for a year following the trip. The trip takes place in mid-June, normally the third week of June at West Virginia University, Jackson's Mill State 4-H Camp.



**Other State Supported 4-H Out-of-State Trip Opportunities**

- Dairy Judging Team
- Dairy Quiz Bowl Team
- Livestock Judging Team
- Livestock Skill-a-thon Team
- Horse Judging Team
- Horse Quiz Bowl Team
- Hippology Team
- Horse Communications
- Poultry Judging Team
- Egg Preparation Event
- National 4-H Engineering Event:
  - Aerospace
  - Automotive
  - Bicycle
  - Computer
  - Electric
  - Farm Tractor
  - Lawn Tractor
  - Small Engines
  - Welding
- Horticulture Judging
- Horticulture Demonstration
- Life Smarts
- Shooting Sports