

# MARYLAND 4-H UPDATES

UNIVERSITY OF MARYLAND EXTENSION  
Solutions in your community

August 6, 2010

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## Upcoming Events

Aug 7, 2010

### OMK Technology Camp

Do you like technology and think you would like to learn about robotics?

Time: 10 am - 4 pm

Location: MW & R NSA SouthPotomac, Indian Head-101 Strauss Ave. Bldg. 441, Indian Head, MD

Contact: Angelique Livezey 410-638-3255

Aug 10, 2010

### MCE Seminar

Access 4-H Training - Kent County

Time: 8 am - 5 pm

Location: Kent County

Contact: Ki Augusto 301-314-7187

Aug 12, 2010

### MCE Seminar

Access 4-H Training - Maryland 4-H Center

Time: 8 am - 5 pm

Location: Maryland 4-H Center

Contact: Ki Augusto 301-314-7317

Aug 14, 2010

### OMK Sports Camp Series

For ages 8 to 18 \$5 registration fee

Time: 9 am - 4:30 pm

Location: TBD - Washington County, MD

Contact: Mike Shuman 301-791-1043

Aug 25, 2010 - Sep 6, 2010

### Maryland State Fair

Location: Timonium, MD

Contact: Chris Anderson 301-314-7187

Sep 3, 2010 - Sep 6, 2010

## 2010 Maryland State Fair – It's Almost Here!

The "11 Best Days of Summer" are just around the corner as the 2010 Maryland State Fair will be held August 27 through September 6 in Timonium. As you are aware, University of Maryland Extension and Maryland 4-H will have a full array of opportunities to showcase our program and the success of 4-H members during this year's fair!

We would like to take this opportunity to say "Thank You" to each of you for all of your support in preparation for the fair. Additionally, many of you will be offering valuable assistance during the fair. The success of the fair each year is a result of the collective efforts of each of you!

Here are just a few of the activities that will feature and highlight the accomplishments of 4-H youth:

- The 4-H Indoor Building will be a hub of 4-H activity and the core location to showcase 4-H project work ranging from Foods and Nutrition projects to Photography, Environmental projects to Arts, Horticulture projects to Public Presentations, and much more. Robotics are returning this year. During each weekend of the fair, the public will be encouraged to view live robotics demonstrations and to interact with youth and volunteers and their captivating high-tech projects. The Indoor Building is also the location for 4-H Presents! There are still opportunities for youth to sign up. Check out the article below.
- Livestock shows will be held many days throughout the fair. The Cow Palace, Sheep & Swine Barn, the Horse Barns & Show Arena and the Rabbit & Poultry Building will all be filled with youth and their project animals. Check the fair schedule for details.
- The Maryland 4-H program will be hosting activities for military youth at this year's fair on Friday, August 27th and Saturday, August 28th. Military partnerships will be highlighted in the Indoor Building on the 28th.
- Don't forget to visit the 4-H All Stars Food Booth located in the Cow Palace! The All Stars are great supporters of the 4-H program and the Food Booth is a major fund raiser for their efforts.
- The Maryland 4-H/FFA Livestock Sale will be held on Saturday, August 28 in the Cow Palace beginning at 7:30pm. Come help us recognize youth for the hard work and resulting success at this culminating event for their livestock projects.
- The 4-H Judging Awards programs will recognize the top performers at this year's Livestock Judging, Dairy Judging, Rabbit Judging, Poultry Judging, Dairy Goat Judging and Horticulture Judging Contests. The contests will begin at 8:30am on Saturday, September 4. Hundreds of youth from across Maryland and several neighboring states will participate in the contests. The results of each of these contests will be announced and awards presented at two Awards programs being held at 5pm and 7pm in the Cow Palace later that evening.
- The Fashion Review is an annual highlight of the Fair for youth participating in the Clothing and Textile projects and this year it will be held on Labor Day, Monday, September 6, at 4:00pm in the 4-H Indoor Building. You won't want to miss this year's production!

Thanks again for all you do to support the State Fair. We look forward to seeing many of you there!

## MD State Fair – 4-H All Star Food Booth Needs Your Help

Help is needed at the 4-H All Star Food Booth at the MD State Fair (in the Cow Palace) August 26–29 and September 2-6, 2010. You do NOT need to be a 4-H All Star to volunteer! Any amount of time would be helpful.

The Food Booth is open 6:30 AM to 3:00 PM and the day is broken into two shifts. Morning Shift (anytime between 6:30 AM and 11:00 AM). Lunch Shift (anytime between 11:00 AM and 3:00 PM).

**4-H State Fair Horse Show**

Location: Maryland State Fair Grounds, Timonium  
Contact: Karol Dyson  
301-934-5403

Sep 4, 2010

**Maryland 4-H Judging****Contests**

Dairy, Livestock, Poultry, Rabbit, Horticulture

Contact: Chris Anderson  
301-314-7187

Sep 11, 2010

**Dairy Buzz-Off**

Location: Maryland 4-H Center  
Contact: Kiera Finucane  
301-405-1392

Sep 12, 2010

**Maryland 4-H Robotics - FTC Training**

Location: GEARS Facility, Garrett County  
Contact: Denise Frebertshauer  
301-314-7819

Sep 17, 2010 - Sep 19, 2010

**Livestock Bonanza Fundraiser**

Contact: Amanda Clougherty  
301-314-7835

Sep 18, 2010 - Sep 19, 2010

**Horsemanship Standards Level 5 & 6 Testing**

for 4-H members only

Location: TBD  
Contact: Kristen Wilson  
301-596-9478

Sep 18, 2010

**Maryland 4-H Robotics - FLL Training**

Location: GEARS Facility, Garrett County  
Contact: Denise Frebertshauer  
301-314-7819

Sep 26, 2010

**Maryland Horsemen's Party**

Time: 2 p.m. - 5 p.m.  
Location: Ten Oaks Ballroom,  
5000 Signal Bell Lane,  
Clarksville, MD 21020  
Contact: Debbie Frey  
301-314-7824

Please sign up with Susan K. Morris: ([skmorris@umd.edu](mailto:skmorris@umd.edu)). Other questions about the Food Booth can be directed to Joe Voshell, 4-H All Star Food Booth Contact Person, [jmvoshell@goeaston.net](mailto:jmvoshell@goeaston.net) Or (443) 786-3166-Cell # Or (410) 770-5252

**Livestock Bonanza**

Plan now to attend the 1st Maryland 4-H Foundation Livestock Bonanza Saturday, September 18, 2010, 6-10pm. The Livestock Bonanza will be held in the Vista Room on the Maryland State Fairgrounds in Timonium. The event will be held in conjunction with the Eastern National Livestock Show.

The Bonanza will feature a fabulous dinner including beef, sheep, and swine entrees, sides, dessert and all beverages. Silent and Live auctions will be held. Proceeds will benefit the 2010 Livestock Judging and Skillathon Teams, Maryland 4-H Livestock Programs, and Maryland 4-H Foundation Livestock Endowments.

Tickets are \$30.00 for adults, \$20.00 for youth (12-19 years old), and free for youth 11 years and older & under. You may contact Amanda Clougherty at the Maryland 4-H Foundation for tickets.

We are currently accepting donations for silent and live auction items. Contact Amanda Clougherty, David Gordon, Kathy Gordon, Andy Cashman or Chris Anderson with questions about the Bonanza.

**Human Science Update ~ "Every Day the Healthy Way"****Indoor Building Exhibitor Tags Distribution for 2010**

Last year, due to your Cooperation/ the Extra Effort/ and your Good Attitude, our 4-H Families appreciated the opportunity to pick up their exhibitor tags prior to their arrival at State Fair! **THANKS**, now for 2010!!!

After the entries close and are verified, exhibit tags will be printed and mailed to county/city offices for exhibitors to pick up prior to the fair. County/City offices **please** return unclaimed tags to the fair prior to Indoor Building Check-in on Wednesday, August 25th at 2 p.m. Thank you, again, for your assistance in this process.

**State 4-H Fashion Revue**

Knowing that many local events are this summer, and perhaps you haven't registered your 4-Hers for the State Show, remember that you can enter 2 (TWO) 4-Hers in each class. The forms are on our 4-H website on the Human Science Program page. Send them in today. If you have any questions OR if you'd like to serve as a Narrator OR if you have 4-Hers who would like to help at the State Contest contact Lacie ( [lashby@umd.edu](mailto:lashby@umd.edu)) or Shante ([sstockes@umd.edu](mailto:sstockes@umd.edu)) Make sure you plan to attend the State Fashion Show on Monday, Labor Day, at 4 p.m. in the 4-H Building.

**State 4-H Egg Preparation Demonstration Contest**

Do have youth who enjoy giving food demonstrations? How much do you know about Eggs? Are you interested in the Poultry Project OR the National Poultry Contest??? If you or any of your 4-Hers would answer YES to any of these questions, then register today to participate in the State 4-H Egg Preparation Demonstration Contest. This Contest will be held on Sunday, August 29th at 4:30 p.m. in the 4-H Building. Each

county/city unit can enter 1 senior 4-H member. The best Egg Preparation Demonstration will represent Maryland at the National Poultry Contest in Louisville, Kentucky in November. Contact Sandy ([corridon@umd.edu](mailto:corridon@umd.edu)) for more information.

### **Purchase Power**

This consumer challenge will be held on Saturday, August 28th at 2 p.m. in the 4 -H Building. Each county/city unit can enter a team of 4-Hers in each age group. Categories for this year's contest are: Pre- Paid Gift Cards - Seniors and Intermediates, Sun-Protective Clothing - All Age Categories, One-Time Use Cameras - All Age Categories, Pedometers - Seniors and Intermediates, Fishing Line - All Age Categories, Produce - Identification - All Age Categories. The Identification Class will be PRODUCE - there will be 30 fruits or vegetables from the grocery store to be identified. (20 for Juniors) There will be a "scout" in each participating county who will visit at least two local grocers to acknowledge the existence of these produce items. Contact Sandy ([corridon@umd.edu](mailto:corridon@umd.edu)) if you have any questions, OR if you'd like to help with the contest.

### **4-H Presents**

Showcase your talents: mini fashion show/ demonstrations/ speeches/ talent - we have time slots On Stage to highlight 4-H Talent - Nia Fields is coordinating the events for 2010 and we hope you will be participating! If 4-H Volunteers are on the fairgrounds and would like to judge - or if you'd like to sign up for a time slot for your club to participate - contact Nia at [nfields@umd.edu](mailto:nfields@umd.edu)

### **Health "H"**

Knowing that summertime can be a really busy time and in the rush IF you find yourself in a Fast Food Line -check out these websites. It's all about the choices we make. Want a suggestion for a club meeting/challenge? LINE 'EM UP!!! Take a stack of index cards and on each card write down a menu item from a fast food restaurant. Give a card to each of your club members. Then "line 'em up". Have the members line up from best choice to poorest choice. Use these websites (or the nutrition facts brochure at the restaurant) for your answer key. See how much your 4-Hers will learn about the choices they make at fast food restaurants.

Fast Food Facts <http://www.fastfoodfacts.info/>  
The Fast Food Explorer <http://www.fatcalories.com/>  
and of course, FFF Interactive Fast Food Menu  
[http://www.extension.org/pages/Interactive\\_Fast\\_Food\\_Menu\\_with\\_Fitness](http://www.extension.org/pages/Interactive_Fast_Food_Menu_with_Fitness)

### **Indoor Superintendents**

If you need help getting judges or helpers for judging day, contact Sandy, [corridon@umd.edu](mailto:corridon@umd.edu)

### **Affiliates Meeting -Community Leadership and Civic Engagement Impact Team**

The Community Leadership and Civic Engagement Impact Team is planning to hold the CLCE affiliates meeting on Monday September 13, 2010 from 9:30 a.m. to 2:00 pm at the new Baltimore County office. Please hold this date.

#### **What:**

Affiliates Meeting -Community Leadership and Civic Engagement Impact Team

#### **Place:**

Baltimore County Extension Office  
1114 Shawan Road  
Cockeysville, MD 21030

**Phone:** 410-771-1761

**Time:** 9:30-2 pm

Who Should Attend? Those who have affiliated with the CLCE Impact Team on their IEP.

Questions-Contact: Lisa Dennis or Alganesh Piechocinski

### **2010 MD 4-H State Dressage Show and Combined Test**

The 2010 Maryland 4-H State Dressage Show and Combined Test is scheduled for Sunday, October 3, 2010 at the Carroll County Agriculture Center in Westminster, MD. More details can be found on the **registration form**.

Registrations are due by September 1, 2010 and will be limited to 50 dressage rides on a first come first serve basis. This show is open to both English and Western riders. If you have questions, please contact **Diana Cullum** at (410) 442-5849 or [diana.cullum@verizon.net](mailto:diana.cullum@verizon.net)

### **Health Rocks!**

We are currently requesting communities to apply for grants to implement localized Health Rocks! programs. Proposals should not be longer than four pages. If you have specific questions about the proposals contact Dr. Lisa Dennis. Please work directly with your local 4-H county contact before submitting an RFP.

Health Rocks! is a prevention program that's a programmatic model that emphasizes youth and adults working together as team teachers. Youth and adult teams teach participants to communicate with others, how to relate to change, and deal with stress. These teams are then able to connect and communicate to youth the importance of making wise decisions about their health.

[LINK TO RFP](#)

### **NAE4-HA North East Region Awards**

Congratulations to all of the MAE4-HA members who will be receiving NAE4-HA North East Region awards at our annual national meeting on October 24-28, 2010 in Phoenix, AZ. Maryland won a total of eleven awards. Congratulations to all of the award winners. Regional finalists will be moved forward for National review. The individual's names, category, and short description of their proposal are included below:

#### **COMMUNICATION AWARDS**

##### **Educational Team Package – Kristen Wilson and Dr. Amy Burk**

The Maryland 4-H Horsemanship Standards Program serves as a study guide for 4-H members, a tool to evaluate member progress, a plan of work for volunteer leaders, and a basis for recognition and achievement.

##### **Educational Piece (Individual) – Tom Hutson**

The Home and Yard Safety piece includes four interactive learning stations for youth about home safety in the kitchen, bathroom, bedroom, and garage/yard.

##### **Exhibit – Tom Hutson**

The Environmental Science and Technology committee display and electronic quiz describes current Maryland 4-H SET goals and priority areas and what 4-H projects support and integrate with SET goals.

##### **Media Presentation – Kristen Wilson and Elaine Bailey**

*What Can eXtension and Horse Quest Do for You?* is a 60 slide PowerPoint presentation about educational learning opportunities on eXtension and the HorseQuest Community of Practice.

##### **Periodical Publication (Individual) – Kathy Gordon**

The Carroll County 4-H Tribune is the monthly 4-H newsletter that keeps Carroll County 4-Hers and volunteers up-to-date on 4-H happenings.

### **Promotional Package (Individual) – Amy Rhodes**

The graphic art piece “Saving the World, One 4-Her at a Time” was used for Teen Focus in 2009 and includes a one page promotional flyer, postcard, event logo, pocket schedule, program, and t-shirt design.

### **Promotional Piece (Individual) – Amy Rhodes**

The Maryland 4-H Promotional flyer “4-Hers Have More Fun” was created as a promotional tool to promote 4-H throughout Maryland.

### **Radio Program – Lacie Ashby**

This package includes a collection of eight radio promotional public service announcements that promotes positive youth development through 4-H involvement.

## **SPECIALTY AWARDS**

**Educational Technology Award – Kristen Wilson, Elaine Bailey, & other eXtension HorseQuest members** The Horse Adult Leader Training and Educational Resource (HALTER) is an online learning opportunity for horse-oriented volunteers to continue their education to be more effective in their work with youth and to initiate dialogue across state lines regarding best practices of leading youth development organizations dealing with horses.

### **Excellence in 4-H Club Support (Team) – Sheryl Bennett**

This piece includes the initiative to support Howard County Organization 4-H Leaders with improved communication, knowledge about their roles, opportunities to network, answer frequently asked questions and provide innovative ideas.

### **Natural Resources and Environmental Education – Tom Hutson**

The curriculum *Conserving Natural Resources: 4-H Group Activities that Promote Understanding of Natural Resource Use and Conservation in Our Homes* introduces youth ages 12-18 to natural resource conservation concepts and encourages resource/energy conservation at home.

### **4-H VRKC (Volunteer Research Knowledge and Competencies) Taxonomy Released**

The lesson plans for the 4-H VRKC (Volunteer Research Knowledge and Competencies) taxonomy are completed and posted on 4-H.org. You can currently locate the lesson plans at:<http://nextgeneration.4-h.org/volunteerism/>. There are a total of fifty lesson plans from throughout the six domains of the taxonomy. Lesson plans are in 20-30 minute formats. They each include a lesson plan, pdf slide show, and evaluation. There were 29 contributing authors from throughout the extension system.

Lessons are designed to build competencies within 4-H volunteers in the following categories:

- Communication Skills
- Organization Skills
- Positive Youth Development
- Education Design and Delivery
- 4-H Program Management
- Interpersonal Characteristics

This effort came out of the research led by Ken Culp, III, University of Kentucky; Renee McKee, Purdue University; and Patrick Nestor, West Virginia University. Sue Pleskac, University of Wisconsin- Extension, completed the editing process. Proof reading and editing support was provided by Sarah Wilcox, University of Wisconsin-Extension.

The VRKC Taxonomy is a key element that contributes to the National Learning Priorities Volunteerism Rubric found at: <http://nextgeneration.4-h.org/volunteerism>. Please share these lesson plans with anyone who works in extension. This is a valuable educational resource for enhancing our volunteer programs. As always, thanks for your continued

dedication to 4-H youth and volunteers.

## 4-H Animal Science Program Committee Meeting Highlights

The following are highlights from the July 13, 2010 meeting of the Maryland 4-H Animal Science Program Committee. Please contact Chris Anderson, Kristen Wilson or Kiera Finucane if you have questions regarding the Animal Science program items highlighted below.

### 4-H Dairy Related Updates

- International Dairy Judging trip went very well. There are funds remaining from the trip that will be split between the Dairy Program account and International Judging Accts.
- An all new Dairy Judging Reunion Ice Cream Social (fundraiser) will be held at State Fair –on Friday Sept. 4 at 6:30pm

### 4-H Horse Related Updates

- Horse Jamboree – 80 youth attended – The committee raised \$3,000 in sponsorships. About 90% of jamboree participants participated in the communication contest – event went well.
- Standards Examiner Training – Next session will be July 31st at Queen Anne’s 4-H Park.
- Horse Standards - Deadline for testing for 2010 State Fair and for awards given at the Maryland Horsemen’s Party will be August 20.
- Horsemen’s Party – in Clarksville at Ten Oaks Ballroom on Sept 26. Flyers are out. More registration information to follow. Karol Dyson will receive the Youth Development Award and Sabrina Ginn will receive the Volunteer of the Year Award.
- Amelia Grace Dashiell Memorial Scholarship applications must be postmarked by July 15th.

### Other Updates

- Online Quality Assurance Pilot - Four counties are currently participating in the pilot (Frederick, Howard, Anne Arundel and Baltimore). 543 registered users as of July 12. System has worked well. Will remain open through Aug 15 but counties may have earlier deadlines. An evaluation of the system will be completed in the fall, but overall reactions have been positive.
- The 4-H Livestock Round-Up - held July 6-8 went well according to participant evaluations – there were 33 youth in attendance. The event offered 16 workshops and tours to the Ron Holter Farm and the Marion DuPont Scott Equine Medical Center.
- RFID Pilot Test – Three counties tagged with RFID tags in sheep, goats and swine this year as part of the pilot test. They are Frederick, Montgomery and Howard. Their use will be incorporated into animal processing at the State Fair.
- State Fair – Plans are moving along well. The Supt. Meeting was held June 30. Supts. should be reminded of the fair’s request to complete Fire Marshal’s Crowd Managers Training on-line and send copies of completion certificate to Chris Anderson or Linda Garner.
- Livestock Bonanza - this new fundraiser will be held Saturday, September 18 during the Eastern Nationals at the State Fairgrounds. More information will be forthcoming.
- Volunteer Forum Ocean City – Deadline to submit workshop proposals extended to July 21. We are asking committee members (and others) to consider submitting proposals for teaching animal related workshops.
- 2010 Animal Science Staff In-Service – scheduled for December 9 – Plans are being made for the agenda. A survey will be sent to staff to identify topic suggestions for the staff in-service for 2010.
- 2011 Animal Science Leader’s Forum - Tentative date for January 29 (February 5 – snow day). Maybe have species tracks? We are planning to survey Animal Science leaders to identify topics they would like to have offered at the Forum. We plan to continue to offer workshops on club management, youth development, subject matter specific to work with animal science projects.
- Animal Science Project Records - We plan to update the Animal Science project records for 2012. We would like to involve volunteers and youth if possible in the process. We are going to be requesting counties to send copies of the animal science records they are using locally. We will begin by reviewing collected records in October at our meeting.
- On-Line Animal Science Guidebook – currently under development. Plan to have ready to launch for the December Staff In-service.
- Dairy Youth Project Records - Gail Yeiser presented drafts of the revised Youth Dairy Project Record Instructions and Record Book. Corrections will be made as needed and then following final review the new Records will be distributed.

Compiled and published by Anne Tompkins

For the latest news & events, please visit <http://www.agnr.umd.edu/news>

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