

Anne M. Tompkins

From: 4-H Newsletter [4HNEWS@LISTSERV.UMD.EDU] on behalf of Anne Tompkins [tompkins@UMD.EDU]
Sent: Friday, June 25, 2010 3:49 PM
To: 4hnews
Subject: [4HNEWS] Maryland 4-H Updates - June 25, 2010

MARYLAND 4-H UNIVERSITY OF MARYLAND EXTENSION *Solutions in your community*

UPDATES

June 25, 2010

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Upcoming Events

Jun 28, 2010

ESP Professional Development Series, 3 of 4
ESP Sponsored Workshop -
How to Read an RFP - Where to
look for funding you can use -
Who to contact with questions.
Offered Via Connect
Time: 1:30 pm for 1 hour
Location: Offered via Connect
Contact: Debbie Ross
301-405-1921

Jun 28, 2010 - Jul 2, 2010

National 4-H Shooting Sports Invitational
Location: Kerrville, Texas
Contact: Conrad Arnold
410-228-8800

Jul 8, 2010 - Jul 10, 2010

Human Sciences Update ~ "Every Day the Healthy Way"

Human Science Webpage

If you haven't clicked on the Human Science webpage – then under PROGRAMS go to Human Science and check out:

- 2010 Fashion Revue Committee Meeting Minutes
- The Fashion Revue Classes
- The Purchase Power Information for Summer 2010

State 4-H Fashion Show

Our 2010 Fashion Revue classes have been updated on our 4-H and the State Fair website. As you conduct your local Fashion Shows please encourage participation in the 2010 State Fair Fashion Revue. Plans are underway for an exciting day for our 4-H youth participants. Each unit can send 2 entries in each of the constructed classes and the ready-to-wear classes as well as 2 entries for those who are 13 years old. Sandy Corridon would love to attend your local fashion show and extend an invitation to your youth participants to join us at the Maryland State Fair for our Show on Labor Day!

FASHION SHOW ideas – Hats Off to Anne Arundel County – last year Ruby not only provided an appreciative audience for her youth participants, but the 4-Hers provided an evening of high style and fashion know-how to a local nursing home. The Anne Arundel 4-H Fashion Revue was held at a local Nursing Home – a real treat for the

Maryland 4-H Horse Jamboree and Comm Contest

Location: Patuxent River 4-H Camp, Upper Marlboro, MD
Contact: Kristen Wilson
301-596-9478

Jul 9, 2010

4-H Horse Advisory Committee Meeting

Location: Patuxent River 4-H Camp, Upper Marlboro, MD
Contact: Kristen Wilson
301-596-9478

Jul 31, 2010

4-H Horsemanship Standards Examiner Training

Location: Queen Anne's County 4-H Park
Contact: Queen Anne's County Ext.
410-758-0166

residents and a wonderful community service for the youth!!!! **GREAT IDEA, Ruby!!**

Purchase Power

Going Fishing?? Need extra sun protection? Have a special party coming up? Need a universal gift?? Keeping track of your steps?? Do you KNOW your PRODUCE??

The 2010 Purchase Power classes are up on the web. Check out our website for information on the program for this year's State Fair Judging event scheduled for Saturday, August 28th in the 4-H Building at 2 p.m. Practice your consumer skills this summer and bring a junior, intermediate and senior team to the State Fair to challenge yourself as you challenge others. Contact Sandy to register your team. The first 20 youth registered will get a free pedometer. (Use it to WALK ACROSS MARYLAND!!! <http://walkmaryland.umd.edu> - sign up today!)

HEALTH ROCKS!

Thanks to Kendra Wells and our OMK Germany 4-H connections, Health Rocks! has crossed the Atlantic to train the 17 Garrisons in Germany. Julia Bower – Allegany County, Katie Larrimore – Cecil County and Sandy Corridon are currently in Karlsruhe, Germany at the YLF (Youth Leadership Forum) training the teens and their advisors so they can deliver Health Rocks! programs on their Posts. Want a local program/training – contact Lisa Dennis (ldennis@umd.edu) or Sandy (corridon@umd.edu) and we'd be happy to coordinate a team taught session. This healthy living, healthy decision making program builds on our Youth/Adult partnerships! Grants will be coming for local units, but we're not quite there yet!

UNITED WE SERVE

4-H is joining in the effort with United We Serve to fight childhood obesity and summer learning loss. 4-H is being asked to participate in this summer's United We Serve activities.

4-H National Headquarters asks two things of our 4-H programs.

First, post related success stories at www.serve.gov/share. These stories will serve as a catalyst for other groups to get involved. Second, we ask that you promote some simple strategies to engage in this initiative through your communications channels.

- Identify local community gardens
 - Volunteer to deliver produce
 - Help at a farmer's market
 - Help to maintain the gardens

- Assist in harvest
- Gleaning of Produce
 - Find a local organization that can use produce to serve those in need
 - Set up a process to get leftover produce to the organization from fairs, farmers markets, festivals, etc.
 - Contact local produce farmers about gleaning their fields at the end of harvest
- Take ***The President's Active Lifestyle Challenge***.
 - Distribute The President's Challenge to 4-H campers
 - Encourage children and parents to download and complete the challenge

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State Fair Youth Worker Applications

Just a quick reminder that we are excited about the State Fair this year and all of the opportunities it will offer for our 4-Hers. Please encourage youth ages 14-18 (as of August 1st) to apply to be a 4-H Youth Worker either in the 4-H Home Arts Building or in Animal World! The applications are due back to Linda Garner at the State Fair Office by July 15th. See you at the Fair!

Maryland State Fair
 2200 York Road
 Timonium, MD 21093
 410-252-1455

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Environmental Science News

Captain Planet Foundation Grants:

If you're planning a hands-on, youth-driven environmental service project for kids ages 6-18, consider applying for a Captain Planet Foundation grant to fund your endeavor. Awards range from \$250-\$2,500, and are available to tax-exempt groups meeting funding requirements.

<http://www.captainplanetfoundation.org/default.aspx?pid=3&tab=apply>



Vote For Maryland State Parks Through The Odwalla Plant A Tree Program

You can make a difference in less than one minute- Please vote for Maryland!

Maryland is competing against all 49 other states for \$200,000 toward planting trees at State parks. Odwalla will donate a dollar to Maryland for each vote. Votes are limited to one per email address. Tell everyone -- share with family and friends! Voting is easy and your email will not be used for any type of marketing.

Click here to vote!

Enter The Maryland Natural Resource Photo Contest!

DNR is accepting entries for the 7th Annual Maryland Natural Resource Photo Contest through August 31, 2010. **Get your contest application online.**

Earth Science Week 2010

AGI invites you to take part in **Earth Science Week 2010!** Being held October 10-16, Earth Science Week 2010 will encourage people everywhere to explore the natural world and learn about the geosciences. "Exploring Energy," the theme of Earth Science Week 2010, will engage young people and the public in learning about Earth's energy resources. Visit www.earthsciweek.org for activities to help youth learn the geoscience behind Earth's climate.

2010 Trash to Treasure Competition!

The PBS TV show, **Design Squad**, is inviting you to become a contestant in their **2010 Trash to Treasure Competition!** Homemade inventions must be the result of recycled material and can move things or people, protect the environment, or be used for indoor or outdoor play.

For ages 5-19, the entries are due between **April 5th and September 5th 2010**. A selected winner will appear on the show. For more information visit PBS.org/designsquad.

"Meet the Greens" – Free new environmental science resource for afterschool programs.

Specifically, this is an Activity Guide for adults who work with 9 to 12-year olds. It springs from a project called MEET THE GREENS, which is a PBS Web site that encourages kids to explore sustainability and take action whenever they can. (See <http://meetthegreens.pbskids.org>)

The new Activity Guide pairs hands-on activities to deepen kids' understanding of topics like recycling and global warming, with campaigns to reduce junk mail and get drivers to stop idling cars.

Folks can download the guide at <http://meetthegreens.pbskids.org/features/>, or order a print copy by putting "THE GREENS" in the subject line of an e-mail to wgbhmaterialsreq@wgbh.org

Gulf Oil Spill – “How to talk to children about the oil spill!”

This may be the greatest environmental disaster in our nation's history. News about the recent oil spill in the Gulf of Mexico is in the newspaper, on TV and the radio. This disaster is difficult enough for adults to comprehend and deal with. For kids, it can seem even more complicated and scary. Is your child wondering about what's happening in the Gulf? Or worrying about the consequences?

Here are some tips to help you talk about the *Gulf oil spill* together, and to equip your child to better understand and cope with environmental problems in the future.

How to talk to children about the oil spill!: (<http://www.nwf.org/Kids/Ranger-Rick/Parents-and-Educators/How-To-Talk-With-Kids-Gulf-Oil-Spill.aspx>)

Taken from National Wildlife Federation Newsletter.

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STEM News

Announcing the 2010 National Science Experiment: 4-H2O

Join us on October 6th for the third annual 4-H National Youth Science Day, where youth across the nation examine one of the most important issues facing our nation today—water quality. These young scientists will discover and explore the powerful effects of carbon dioxide on our natural water sources in 4-H2O, the 2010 National Science Experiment.

Resources Are Now Available Online:

You can find everything you need to participate in 4-H National Youth Science Day online at www.4-H.org/NYSD. The site provides all the tools you will need to begin a comprehensive scientific exploration and plan an exciting science event in your community.

New features, information and promotions will be added in the months and weeks leading up to October 6th—so make sure to register online to receive the latest event updates. We look forward to you joining us for

the 2010 4-H National Youth Science Day! Don't forget to find us on **Facebook** and **Twitter** to take part in the dialogue about 4-H National Youth Science Day!

Kavli Science Video Contest challenges K-12 students to tell us "Why Science is Cool".

National 4-H Council is partnering with the USA Science & Engineering Festival, a national celebration of innovation in science held in Washington D.C. on October 23rd and 24th . The event is the country's first national science festival and promises to be the ultimate multi-cultural, multi-generational and multi-disciplinary celebration of the sciences in the United States. The culmination of the Festival is a two-day Expo that will provide more than 500 science & engineering organizations from all over the United States the opportunity to present hands-on, fun science activities to inspire the next generation of scientists and engineers.

Through this partnership, National 4-H Council has been alerted to a great opportunity for 4-H'ers to showcase the innovative 4-H Science work taking place across the nation. The **Kavli Science Video Contest** is looking for young people around the country to create and submit videos that answer the question "Why is science cool?"

Winning submissions will be creative, surprising, and "contagious" in terms of spreading youth enthusiasm about science to others. Videos might explore a specific scientific concept, demonstrate the wonders of nature, provide a glimpse into the future, show what scientific discovery has done for us in the past or simply explain why you think science is cool.

We are encouraging the entire 4-H system, especially those that participated in the Films on Video-SET in Urban Communities Kickoff and The Filmmaking Work Group to submit videos.

- **Who Can Enter** – Individual students or groups from K-12 schools, home school networks, after-school programs, science clubs or any other organization the student is representing for the purpose of the Kavli Science Video Contest. All prize monies must go to an educational institution rather than an individual student.
- **Types of Videos Eligible** - Videos should explain Why Science is Cool and may explore a scientific concept, provide a glimpse into the future or show us what scientific discovery has done for us in the past, or whatever else that inspires the entrant. USA Science & Engineering Festival videos must be 30-90 seconds in length, educational and suitable for general public screening.
- **Selection of Winners** - Winning videos will be chosen by a distinguished panel of judges that includes Brian Schwartz, founder of Science & the Arts at the City University of New York Graduate Center and Sheri Potter, a founder of the Coalition on Public Understanding of Science (COPUS).
- **Deadlines and Prizes** – The contest is open now and all entries must be submitted **before midnight on July 15, 2010**. First

prize is \$1,000 plus a \$500 electronics gift certificate or HD Camcorder (valued up to \$500) and a travel stipend to travel to Washington DC for the Expo. Second prize is \$500, plus a \$250 electronics gift certificate. Third prize is \$250, plus a \$125 electronics gift certificate. The People's Choice Award prize is \$250.

Rules and a submission form can be found at:

<http://www.usasciencefestival.org/2010festival/contests/kavli-science-video-contest>

You CAN Do The Rubik's Cube Tournament: Winners Will Meet Erno Rubik!



K-12 teams will be competing for the fastest time to collectively solve 25 Rubik's Cubes. The top six finalists will compete for the championship at the USA Science & Engineering Festival Expo on the National

Mall on 10/23. Prizes range from \$100 to \$1,000 and will be awarded by Dr. Erno Rubik, inventor of the Rubik's Cube! Register today - team information is not due until October 1!

[Learn more!](#)

Cool - Online - Learn Forensic Science and Apply Your Knowledge

CSI – Webadventures The Experience - <http://forensics.rice.edu/>

This project is supported by a grant from the National Science Foundation. Partners include the Fort Worth Museum of Science and History, the American Academy of Forensic Sciences, CBS, and Rice University Center for Technology in Teaching and Learning. CSI: Web Adventures © 2008 All Rights Reserved.

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Write a letter to a Hero!

The Maryland Operation: Military Kids team is looking for 4-H clubs and groups to write letters to military kids who receive Hero Packs. Like their parent, guardian, or family member who serves, these children are heroes!

Letters should be handwritten, and using markers and colorful paper helps make the letter welcoming for the young person who receives it.

When you write a letter for a Hero Pack, keep these things in mind:

- Letters should be positive and not include any political statements
- Have fun and thank our everyday heroes
- Good words to use;: grateful; most appreciated; sacrifice; unselfish; service; patriotism; pride; small symbol of support; token of appreciation
- Thank the youth for the sacrifices they are making – Remind the military youth that they are heroes, too!
- Do not tell the military youth how bad you think the situation is or how sorry you feel for them
- Don't include personal information, just sign with your first name
- You can talk about 4-H and encourage the family to look for a 4-H club or other youth organization in their community.
- Share some of your favorite experiences and hobbies.
- Write from the heart!

When the letters are complete, please mail them to the Maryland 4-H Center, 8020 Greenmead Drive, College Park, MD 20740, ATT: Jamisha Ross.

If your club or group would like to collect small items to put in the Hero Packs, are interested in a Hero Packing project for service-learning, or would like to see some sample letters, please send an email to: md.omk.student@gmail.com

Thank you!

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Compiled and published by Anne Tompkins
For the latest news & events, please visit <http://www.agnr.umd.edu/news>

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