

Subject: Maryland 4-H Updates - May 18, 2009

From: Anne Tompkins <tompkins@umd.edu>

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To: <tompkins@umd.edu>

Maryland 4-H Updates

May 18, 2009

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Upcoming Events

May 17, 2009

Maryland 4-H Teen Council Meeting

Meeting of the Maryland

State 4-H Teen Council

Time: 1:30 - 3:30 p.m.

Location: Maryland 4-H Center

Contact: Kendra Wells
(301) 314-7317

May 18, 2009 - May 21, 2009

2009 National CYFAR Conference

The CSREES/USDA sponsored Children, Youth and Families at Risk (CYFAR) Conference

Location: Baltimore Inner Harbor Marriott West

Contact: Kendra Wells
301-314-7317

May 18, 2009

MCE Seminar

4-H MCE Volunteer

Orientation Training

Time: 6:30 pm

Location: Mt. Pleasant Ruritan

Contact: Michael Kuster
301-600-3583

May 29, 2009 - May 31, 2009

MD/DE Shooting Sports Instructor Training

Location: Thendara 4-H Center, Dorchester County

Contact: Conrad Arnold
1-410-228-8800

2009 State 4-H Teen Focus Conference Registration Deadline Approaching!

REMINDER: The 2009 State Teen Focus, a 4-H Learning and Leadership Conference, will be held on the UMCP campus, Tuesday, June 23 through Thursday, June 25. This year's "Super Hero" theme reflects the ability that each person has to make a difference in the world and the many ways that 4-H can bring people together to create change. The conference will include a morning of service, motivational speakers, a wide range of seminars and workshops, and time for teens to relax and get to know each other and the many opportunities offered by the University of Maryland campus.

The cost for the three-day program is \$175.00 for 4-H teens and \$125 for the chaperones of your county/city delegations and includes housing, all meals, program materials, and recreational activities. The Teen Focus program has been planned with teens, for teens. An active and enthusiastic Maryland 4-H Teen Council has been meeting with adult advisors to plan this year's conference. YOU can support this year's conference by continuing to promote this high quality program to teens, ages 14-18, volunteers, and parents and to community partners who work with youth.

Completed conference registrations (including registration form, health form, behavioral expectations form, waiver and release form) must be received in the Maryland 4-H Center by Monday, June 1. All necessary forms, including a handbook for delegates and chaperones were mailed to each county/city extension office. The forms can also be downloaded from the Maryland 4-H website. If you have any questions, please call the Maryland 4-H Center.

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New Partnership = Downloadable After-school Materials from the National Institutes of Health

Huge strides in the National Institutes of Health*s *We Can!*

May 31, 2009

Forestry Contest

Time: 1:00 pm

Location: Patuxent River 4-H Center

Contact: Denise Frebertshauser
301-314-7819

Jun 1, 2009

Maryland 4-H Foundation, Inc. Golf Tournament

Starting time 1 pm, \$125 per person

Time: 1 pm

Location: Oakmont Green, Hampstead, MD

Contact: Amanda Clougherty
301-314-7832

Jun 6, 2009

Operation Military Kids Day Long Technology Camp

Time: 9 am- 4 pm

Location: University of Maryland, College Park

Contact: Megan Baker
301-405-2833

Jun 9, 2009

4-H Canoe Classic

Location: Patuxent River 4-H Center

Contact: Denise Frebertshauser
301-314-7819

Jun 13, 2009 - Jun 13, 2009

Maryland 4-H Day at Six Flags

Come celebrate Maryland 4-H and have fun too! Six Flags of America is hosting Maryland 4-H Day. Bring your club, family, friends and neighbors. A portion of every ticket sold goes to the Maryland 4-H Foundation, Inc. More information to follow.

Time: All Day

Location: Six Flags in Landover, MD

Contact: Amanda Clougherty
301-314-7832

Jun 13, 2009

MD 4-H Horse Judging & Hippology Contests

Location: Frederick County Fairgrounds

Contact: Kristen Wilson
301-596-9478

Jun 13, 2009

Maryland 4-H Day at Six Flags

Make plans to celebrate Maryland 4-H Youth and Families for \$30 per person; Ticket price includes admission to the amusement and water part and one

movement over the past year means more resources for your after-school programming. As you may know, *We Can!* offers science-based after- and in-school curricula to help teachers, parents, kids and others increase physical activity, improve nutrition and reduce screen time to improve health.

Exciting materials and resources that you can use include:

- Free, downloadable *We Can!* materials about eating right, being active and pushing away the screen adapted by Scholastic Inc., in partnership with SUBWAY Restaurants, to be even more classroom-friendly. For details, a limited number of free copies of these materials are available. Contact nhlbiinfo@nhlbi.nih.gov for more information.
- Spanish-language materials and strategies to help Hispanic communities help their kids maintain a healthy weight. Check them out today at: http://www.nhlbi.nih.gov/health/public/heart/obesity/wecan/whats-we-can/resources_espanol.htm
- More than 1,000 registered *We Can!* community sites (in 12 countries) that can offer you tips on tailoring the curricula to meet your particular needs/goals.

While you've got your Mouse clicking, make sure to enter Scholastic's *Make It Happen!* Contest for a chance to win \$5,000 in athletic equipment for your school.

Find out more at <http://www2.scholastic.com/browse/article.jsp?id=3751600>

To access other kid-friendly, science-based resources, and a growing network of communities with firsthand knowledge, sign up to become a *We Can! Community Site*. For more information on *We Can!* visit us at <http://wecan.nhlbi.nih.gov>

To sign up to become a community site visit <http://hp2010.nhlbihin.net/wecan/index.asp>

***We Can!* makes a difference!**

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Resources You Can Use

The National Clearinghouse on Families & Youth (NCFY) is a free information service for communities, organizations, and individuals interested in developing new and effective strategies for supporting young people and their families.

NCFY was established by the Family and Youth Services Bureau (FYSB), U.S. Department of Health and Human Services to link those interested in youth issues with the resources they need to better serve young people, families, and communities.

catered meal.

Location: Largo, MD

Contact: [Amanda Clougherty](#)
301-314-7832

Jun 16, 2009 - Jun 18, 2009

Maryland Envirothon

Envirothon is a series of environmental competitions for youth in grades 9-12. Areas of competition include: Wildlife, Forestry, Soils, Aquatics and 2009 Topic "Biodiversity in A Changing World. " Winning Maryland team will compete in North Carolina.

Location: Mount St. Mary's University, Emmitsburg, MD

Contact: [Gail Yeiser](#)
301-405-2434

Jun 17, 2009

Md 4-H Foundation, Inc. Board of Dir Meeting

Time: 10 am - 12:30 pm

Contact: [Amanda Clougherty](#)
301-314-7832

Jun 19, 2009

Jeannie Raines Retirement Celebration

We will celebrate the 25-year career of Jeannie Raines, Montgomery County 4-H Program Assistant, with an old fashioned BBQ and picnic.

Time: 5:30 - 8:30 PM

Location: Agricultural History Farm Park, 18410 Muncaster Road, Derwood, MD 20855

Contact: [Susan Morris](#)
301-590-2813

Jun 23, 2009 - Jun 25, 2009

State 4-H Teen Focus Conference

Location: University of Maryland, College Park

Contact: [Kendra Wells](#)
301-314-7317

Jun 23, 2009 - Jun 28, 2009

National 4-H Shooting Sports Invitational

Location: Grand Island, NE

Contact: [Conrad Arnold](#)
410-228-8800

Jun 28, 2009 - Jun 30, 2009

Horse Jamboree

Location: Western Maryland 4-H Center - Garrett County

Contact: [Karen Ellis](#)
410-531-0534

Jun 29, 2009

4-H State Horse Communications Contest

Location: Western Maryland 4-H Camp (Garrett County)

Contact: [Kristen Wilson](#)
301-596-9478

Find out more by visiting the NCFY website:

<http://ncfy.acf.hhs.gov/>

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Branching Out Newsletter

The spring issue of Branching Out is now available at:

[http://www.naturalresources.umd.edu/
Publications/BranchingOut/2009Spring.pdf](http://www.naturalresources.umd.edu/Publications/BranchingOut/2009Spring.pdf)

Branching Out is a forest stewardship and natural resources quarterly newsletter published by the University of Maryland Cooperative Extension and provides current information to forest landowners, natural resource professionals and the public.

The Forestry Extension Program attempts to reach as much of the professional community and public as possible.

Therefore, we encourage you to share this free newsletter with others.

Feel free to contact me for further information or questions you may have.

Thank you,

Ellen Green
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Compiled and published by [Anne Tompkins](#)
For the latest news & events, please visit <http://www.agnr.umd.edu/news>

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