

MARYLAND 4-H MARYLAND COOPERATIVE EXTENSION UNIVERSITY OF MARYLAND COLLEGE PARK-CENTERS STATE

UPDATES

May 12, 2008

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Upcoming Events

May 20, 2008
New 4-H Employee Centra Meet Up Session

Time: 11 a.m. - 12:30 p.m.
Location: Centra
Contact: Kendra Wells
301-314-7317

May 28, 2008
EFNEP Youth Inservice

Time: 9:00 - 3:30
Location: Avrum Gudelsky
Veterinary Center
Contact: Terri Kieckhefer
(301)405-1007

May 29, 2008 - May 30, 2008

Up for the Challenge - Comprehensive Training
Multi-state training for Extension Educators - 4-H Youth and FCS, Teachers, AfterSchool Care, EFNEP and others interested in working with youth to influence healthy decisions and an active lifestyle.

Time: 5/29 9-5, 5/30 8:30-2
Location: Hampton Inn, Frederick, Maryland
Contact: Cassandra Corridon
301-432-2767

May 31, 2008
4-H Horse Judging/Hypology Contest

2008 Maryland 4-H Teen Focus Registration Deadline Approaching!

We are approaching the final weeks before the due date for Teen Focus registration. Registration materials are due to the local extension office from teens and adult chaperons on May 22! The final date for the acceptance of Teen Focus registrations, space permitting, is June 10. Please visit the Maryland 4-H website for specific Teen Focus registration information - Click **HERE** If you have any questions, please contact Kendra Wells (klwells@umd.edu), Anne Tompkins (tompkins@umd.edu) or your county/city Maryland 4-H Teen Council representative.

Volunteer Awards, Deadline Extended to May 30th

The disappointing number of Volunteer Award nominations has caused the deadline to be extended to May 30th. Please take the time to review the award descriptions you'll find on the Volunteer page. There are 12 different awards that will enable you to recognize the people who have made 4-H possible for thousands of Maryland boys and girls for over 100 years.

Here are some tips for a successful nomination:

1. Review the current Volunteer Award Descriptions (dated 4/07) to gain a good understanding of the current awards available. Any Volunteer Awards document older than 2005 is likely outdated. We have made an effort to remove all outdated information. Please make us aware of any outdated information you find on maryland4h.org.
2. Avoid the "shotgun" approach. When nominating a volunteer, rather than nominating one person for three different awards (ex: Leadership, Citizenship and Service), decide which award is the most representative of your volunteer and nominate him/her for that one. Nominations that are so generic as to fit all three categories are rarely successful.
3. You don't have to be present to win. While we would like to have all volunteer award winners attend the October event, those not present will receive their award at a county/city event.
4. Dean's Salute to Excellence. This award was previously called the Maryland Salute to Excellence. The name was changed when Dr. Debbie Bowman secured funds from the Dean's Office to support two \$200 scholarships. This award has two categories: Volunteer of the Year (less than 10 years of service) and Lifetime Volunteer of the Year (10 or more years of service).
5. Send Mary Ann Kivett electronic nominations. Electronic nominations reduce errors and speed the selection process.

The Maryland 4-H Volunteers Association sponsors the Volunteer Awards and selects the winners. Dan Tabler (dtabler@umd.edu) coordinates the process and welcomes your questions/suggestions.

Our goal is to receive nominations from every 4-H unit, but only you can make that happen.

Location: Montgomery County
Fairgrounds (Gaithersburg, MD)
Contact: Kristen Wilson
301-596-9478

Jun 17, 2008

Food Safety Inservice Training

One day update on food safety,
including home food
preservation

Time: 9:00 - 3:30

Location: 4-H Center College Park

Contact: Mark Kantor
301-405-1018

Jun 24, 2008 - Jun 26, 2008

4-H Teen Focus

Leadership Conference

Location: UMCP

Contact: Kendra Wells
301-314-7317

Jun 24, 2008

**State 4-H 50/50 Advisory
Council Meeting**

Location: UMCP

Contact: Kendra Wells
301-314-7317

Jun 29, 2008 - Jul 1, 2008

**Horse Jamboree/State Horse
Communications Contest**

Location: Western Maryland 4-H

Center (Garrett County)

Contact: Kristen Wilson
301-596-9478

Computer Power Unlimited Curriculum Available During a Special Pre-Press Sale

The new Computer Power Unlimited curriculum is now available during a special pre-press sale!

The pre-press discount (35%) will be available until May 31st! To order the new curriculum please visit: www.4-hmall.org

Additional information about the new Computer Power Unlimited curriculum is listed below. Sample curriculum activities are available on the curriculum website: www.4-hcurriculum.org (click on Curriculum Updates).

08347 CPU 1: Inside the Box – Ages 12 and up (36 pages)

By the end of this activity guide youth will be able to:

- Identify internal computer components, operating systems, and their processes
- Exhibit a developing knowledge of the building, maintenance and repair of computers
- Develop a thorough bank of resources for further learning
- Demonstrate responsible hardware use practices

Pre-Press price \$2.47* After May 30th - \$3.95

Click **HERE** to see more:

08348 CPU 2: Peer to Peer – Ages 12 and up (36 pages)

By the end of this activity guide youth will be able to:

- Demonstrate a basic understanding of what networking is and how it is accomplished
- Work with adults and peers to build a functioning network
- Exhibit a developing knowledge of the protocols and program languages that support computer networking
- Recognize and mitigate the negative impacts that exist as a result of networking, such as viruses and hacking

Pre-Press price \$2.47* After May 30th - \$3.95

Click **HERE** to see more:

08349 CPU 3: Teens Teaching Tech – Ages 14 and up (36 pages)

By the end of this activity guide youth will be able to:

- Work with peers, adults and community partners to develop service related computer goals
- Develop lesson plans and teach diverse populations basic computer skills
- Plan and organize for project and/or computer lab sustainability
- Demonstrate responsibility and a concern for others.

Pre-Press price \$2.47* After May 30th - \$3.95

Click **HERE** to see more:

08346 Newbie Know-How (a supplemental teaching resource for beginners that can be used with Teens Teaching Tech)

By the end of this activity guide beginners will be able to:

- Identify and use the basic components of a personal computer
- Identify the similarities and differences in basic office software applications
- Utilize various computer applications and resources in pursuit of personalized technology goals
- Make judicious and safe use of the internet

Deliver a computer-aided slide show presentation based on their interests

Pre-Press price \$2.47* After May 30th - \$3.95

Click **HERE** to see more:

08350 Set of 4 \$10.01 After May 30th - \$15.40

Click **HERE** to see more:

*Quantity discounts apply – see below:

QTY 1-99	Qty 100-999	Qty1000+
2.57	\$2.44	\$1.95

2008 4-H Horse Jamboree

The 2008 4-H Horse Jamboree has been scheduled for Sunday, June 29 to Tuesday, July 1, 2008 at the Western Maryland 4-H Camp in Garrett County, Maryland. The State Horse Communications Contest will be held in conjunction with Horse Jamboree and is scheduled for Monday, June 30 starting at 1pm.

Registration information for both events is attached and is now available on our website - Click **HERE** Registration forms are due no later than Friday, June 6, 2008. Please note that registration forms must be signed by your 4-H educator and one chaperon per every ten youth must be provided by each county. Registration will be limited to the first 120 campers.

If you have any questions please contact Kristen Wilson at kswilson@umd.edu or 301-596-9478.

Mark Your Calendars and Save the Date!

The 22nd Annual Maryland Horsemen's Party will be held on Sunday, September 21, 2008 from 2 to 5pm at Ten Oaks Ballroom in Clarksville, MD. This year's event will feature great food, live entertainment, demonstrations by 4-H youth, a silent auction and a live auction. Recipients of the Maryland 4-H Youth Development Award and Maryland 4-H Horse Program Volunteer of the Year Award will also be recognized.

Proceeds will benefit the Sallie Robertson Memorial 4-H Endowment Fund. The goal of the Sallie Robertson Memorial 4-H Endowment Fund is to support 4-H equine educational programs and the annual trip for 4-Hers representing Maryland at the Eastern National 4-H Horse Round Up in the areas of horse judging, hippology, horse bowl, demonstrations and public speaking. The fund may also provide scholarships for 4-H volunteers and members to attend leadership conferences and equine-related workshops.

Please visit our website (Click **HERE**) for more information or **DOWNLOAD** the flyer for more information. Tickets are now available and should be purchased by September 2, 2008.

We are looking forward to having you join us at this important event!

Regards,

Kristen

Human Sciences Update ~ "Every Day, the Healthy Way"

State Communications Results

Congratulations to all our 4-H youth who participated in the 2008 Maryland 4-H Communications Contest. They certainly provided a wonderful opportunity for over 75,000 visitors to the University of Maryland campus to see 4-H Youth in Action! Being able to stand before a group and speak comfortably and confidently is a life skill that we are glad to encourage and reward! Please utilize the skills

of your county/city youth in other speaking opportunities throughout the year, and encourage them to present their speeches on stage at the Maryland State Fair. Help applaud this year's champions and reserve champions!!!

Extemporaneous Speeches: Junior Champion– Bethany Nusbaum, Carroll County, Reserve Champion- Curtis Gannon, Montgomery County. Intermediate Champion – Julia Doody, Montgomery County, Reserve Champion – Martha Isaacs, Baltimore County. Senior Champion – Drew Cashman, Carroll County, Reserve Champion – Katelyn Gnegy, Garrett County.

Interpretive Speeches: Junior Champion – Joshua Reaves – Montgomery County, Reserve Champion – Amy Donna Bittler – Carroll County. Intermediate Champion – Emmy Schafer – Howard County, Reserve Champion – Joshua Freeman – Harford County. Senior Champion – Jacob Freeman – Harford County, Reserve Champion – Katie Grey – Worcester County.

Prepared Speeches: Junior Champion – Elizabeth Twilley – Frederick County, Reserve Champion – Mark Hermreck – Montgomery County. Intermediate Champion – Danielle Helper – Harford County, Reserve Champion – Justin Brown – Baltimore City. Senior Champion – Caitlin Perdue – Montgomery County, Reserve Champion – Mariah Brown – Baltimore City.

Radio Spots: Junior Champion – Michael Wood – Harford County, Reserve Champion – Dakota Bailey – Queen Anne's County. Intermediate Champion – Levi Lantz – Garrett County, Reserve Champion – Cuan Hendricken – Montgomery County. Senior Champion – Sierra Green – Allegany County, Reserve Champion – Seth Marvil, Washington County.

2008 4-H Out-of-State Trip Awards Letters are going out to all of the participants in the portfolio/interview process. Here are the winners.

National 4-H Congress: Allegany County – Colleen Harmon and Laura Harman; Anne Arundel County – Madison Slattery and Jared Reece; Baltimore County – Melissa Sobolewski; Calvert County – Scott Foy; Caroline County – Jane MacDonald; Carroll County – Ashley Carlisle, Cody Cashman, Suzannah Macleod, and Kelly Nolte; Cecil County – Sara Culver; Charles County – Jeanne Herbert; Frederick County – Andrew Axline; Garrett County – Katelyn Gnegy; Harford County – Kimberly Lilienthal; Howard County – Samatha Murdock; Montgomery County – Andrew Dobos, Bree Feuillet and Sophia Reaves; Talbot County – Brooke Dudrow; Wicomico County – Chelsea Hudson and Robby Davis.

There will also be a State Communications Winner and a State Fashion Show Winner on this trip!

Camp Miniwanca: Kathryn MacMillian and Mary Pat MacMillian – Montgomery County.

Virginia Congress: Wayne Dwyer, Kent County and Christopher Tomlinson, Charles County.

West Virginia Older 4-H Member Conference: Robin Harris, Montgomery County and Rachel Manning, Calvert County.

Congratulations to all of our 4-H Youth. Please continue to encourage them to complete and submit their portfolios and to participate in the interview process!

COMING SOON -- PURCHASE POWER – a new opportunity for youth to develop consumer skills. Watch for future announcements!!!!

State 4-H Fashion Revue: Do you know of some 4-Hers or 4-H Volunteers who would like to make the 2008 Fashion Revue at the Maryland State Fair our best yet!!!!? Contact Chris Rein with names. crein@umd.edu

University of Maryland, College Park, MD, Animal Sciences Building

22nd Annual Maryland Horsemen's Party Scheduled

by Kristen Wilson

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Please visit our website (Click **HERE**) for more information or see the attached document. Tickets are now available and should be purchased by September 2, 2008.

Reminder-Please send new 4-H Studies to Penn State

Hello everyone. This is a quarterly reminder to please send any new 4-H research studies to Dr. Jan Scholl, jfs9@psu.edu, so that she can include them in one of two national databases of 4-H research studies. The state & national studies database and the graduate student studies database are available **HERE** If you have any copies of studies that you'd like us to post on the National 4-H Headquarters website, please forward them to me as well at slemenestrel@csrees.usda.gov

Thank you very much for your assistance and thanks to Jan for her work in managing these databases.

Adolescent Health Resource

CDC's National Center for Health Statistics (NCHS) has released Adolescent Health In the United States, 2007. The chartbook includes 46 figures, text, and data tables on the health of adolescents 10-19 years and young adults 20-24 years, under the following topics: population demographics, health status, violence and victimization, reproductive health, risk behavior, and access to health care (140 pages). Data are reported for age, gender, race and Hispanic origin, and poverty status.

If you would like to receive a copy of Adolescent Health In the United States, 2007, please send an email request to Andrea MacKay at CDC [anm3@cdc.gov]. There is no charge for the chartbook, however quantities are limited. The chartbook will also be available on the NCHS website at <http://www.cdc.gov/nchs/Default.htm>

Compiled and published by Anne Tompkins
For the latest news & events, please visit <http://www.agnr.umd.edu/news>

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