

**4-H  
MILITARY  
PROGRAMS**

**Special Date of  
interest!**

**Dates for camp  
announced!!!**

**Camp will be held  
Aug 1- 3, 2009**

**For more  
information contact  
Matthew Mundy,  
mmundy@umd.edu  
We are looking for  
campers,  
counselors, adult  
staff and a nurse.**

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# Maryland 4-H

## 4-H Military Clubs

VOLUME, 2 ISSUE, 1

JANUARY — FEBRUARY 2009

### Fort Meade Teen cooking Club!

Every Tuesday the Fort Meade Teen Center well-equipped kitchenette lights-up for our weekly cooking project. This is a particular well received 4-H activity since it allows our teens not only to learn how to prepare something new but have a ‘lip-smacking’ taste of what they have prepared. We reserved the month of October to the Mediterranean cuisine, earning a few new pasta preparation but we are considering a great variety of international recipes from Filipino fried-rice to Greek salad with goat cheese, to German Schnitzels. We don’t know what the future will reserve to our



youngsters; we may have a few of them developing into future great American Chefs such as: Emarol or Frank Stitt.... Our goal is to learn and experience new

recipes while spending time together having fun

Enrica Chesibeasley, Fort Meade

### “Pump It Up” OMK

On December 11<sup>th</sup> 2008 the Maryland State Operation: Military Kids team partnered with the “Pump It Up” of Elkridge, Maryland to host a holiday party for military youth throughout the State. Along with free admission to the facilities, pizza was



provided for the entire family, goodie bags were distributed to the youth, craft tables with cookies were made available and each child went home with a photo with Santa. The event was well received and over 100 youth were present with over 65 adults. The event was mostly volunteer driven. Operation: Military Kids would like to thank the “Pump It Up” of Elkridge, Maryland for making this event possible and all of the volunteers that put forth their time to be part of this



event. For more Information on Maryland Operation: Military Kids programs please visit [operationmilitarykids.org](http://operationmilitarykids.org) or by emailing Megan Baker at [mbaker11@umd.edu](mailto:mbaker11@umd.edu)

# Celebrating the Holidays in style



“The teens of the Fort Meade Teen Center gathered together to celebrate the Holidays ”

The teens of the Fort Meade Teen Center gathered together to celebrate the Holidays in style this past season and decided to create some very cute stained glass candle holders. Ten days before Christmas they spent time in the Computer Lab to decorate and paint exquisite Holiday containers which make a great gift for friends and family. Enrica Chesi-Beasley, CYS Services Program Associate, over-saw the creating of the craft projects, and plans on doing more projects with the teens in the near future.



Francisco H. Jamison  
Middle School/Teen Facility Director  
Fort George G. Meade

4-H provides predictable programming and a safe and nurturing environment for military kids.

“Welcome Back/Get well soon” cards to the wounded soldiers at WRMC Being military dependents, most of our teens know what services means and being separated from your family for months at a time. Many of them have one parent overseas, and quite of few have their love ones in Iraq or Afghanistan. In tribute to our American Heroes, our teens, here at the Fort Meade Teen Center, prepared “Welcome Back” cards, and sent them to the wounded solders at the Walter Reed Army

# Welcome Back



Medical Center in Washington DC. It was their humbled way of wishing them a speedy recovery and soon to be reunited with their families. Enrica Chesi-Beasley, CYS Services

Program Associate, and Alonzo Coley, Assistant Teen Center Director, over-saw the project.

Francisco H. Jamison  
Middle School/Teen Facility Director



# Year In Photos From Andrews AFB





# 4-H Youth Development

## 4-H Military Programs

Contact Matthew Mundy for more information at:

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4-H Is A Community Of Young People Across America  
Who Are Learning Leadership, Citizenship And Life Skills.

Submissions for the next issue due 3-1-2009

## Teens From Fort Detrick Participate in annual Forum in Ocean City

This years Teen and Adult Volunteer was a great success. The forum sold out well before the registration deadline and boosted record number of attendees.

4-H Military programs were represented by a delegation from Fort Detrick and a session was taught by members of the Maryland OMK State Team.

Fort Detrick's delegation consisted of eight teens and two adults. It was great to see Fort Detrick at the forum this year and we are hoping to see more installations next year.



# Do you want more?

## 4-H Youth Development

### JOIN 4-H

4-H is the largest out of school youth organization in the United States with over 7 million youth members. There is Cooperative Extension staff responsible for 4-H programs in every county and city - so there's probably a 4-H program near you. Whether you live in a city, suburb or rural area, there's something for you in

4-H. In most states, you can join 4-H if you are between the ages of 8-18. Some areas have special age-appropriate programs designed especially for younger kids. Check with your Cooperative Extension office to find out what projects and activities are available for youth your age.



Your Cooperative Extension office can help you to find a local club or program that's right for you. Or, it's easy to start a new club with some of your friends or other interested young people and a few adults willing to help.

Find your local Maryland Extension office online at: [www.extension.umd.edu/local/](http://www.extension.umd.edu/local/)

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