

## 2010 Maryland 4-H Out-of-State Trip Interview Tip Sheet



You will have three 10-12 minute interviews with a panel of two judges in each of the following areas: Citizenship, Leadership and Life Skills. You will rotate to three different rooms with different judges, one that focuses on Citizenship; one that focuses on Leadership; and one that focuses on Life Skills. At the beginning of the interview you will have an opportunity to introduce yourself. Think about one or two things you really want the judges to know about you! After the brief introduction, the judges will ask each candidate the same four to six questions related to your 4-H experiences and ways you have or can contribute to 4-H.

It really is an honor to be nominated by your county/city 4-H program for the interview process. Interviewing is a learning experience that will prepare you for your future. Here are some interviewing tips:

- Arrive 15 minutes early!
- Dress appropriately...business professional!
- Greet the interviewers with a smile!
- Be enthusiastic and positive!
- Speak slowly and clearly!
- If you need to, take a minute to think about your answer!
- Be confident!
- Maintain eye contact!
- Be yourself!
- Sit up straight!
- Relax!
- Thank the interviewers at the end of your interview!

The interview judges have not looked over your resume or essay. They will be reviewed by another panel of judges. Three judges will review your resume and two judges will review your 4-H essay.



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